

"We all have something to offer"

This year's Week of Prayer and Awareness of Dementia takes place from 12th March - 19th March 2014.

The response in recent years has been so encouraging and it is hoped that again this year each day there will be times of prayer in parishes and schools throughout the UK and Ireland. With over 800,000 people in the UK diagnosed with having a form of dementia, raising awareness and enabling others to help in some small way can make such a difference. We therefore wish to invite you to get involved in the week of prayer 12-19th March 2014 by offering to hold an event, ensuring that there is prayer every day. Please let us know about what you plan to do so that we can add to our prayer and events diary.

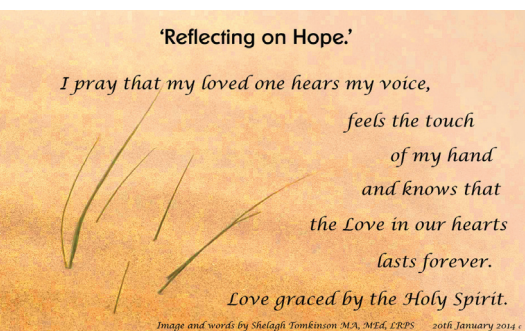


As we prepare for the forthcoming week here at the Pastoral Care Project we are inspired, and challenged by the words spoken by Bishop David McGough at our recent AGM. Bishop

David was noting the connection with the Project's initiative 'Bake 'n' Share' last year and the scripture 1 Kings, Chapter 17.

Bishop David said "We all have something to offer" and explained the scripture story of how in the midst of a famine, Elijah went up to the widow and said "bake me a scone." During that time, a widow would have had no means of support in society but Elijah makes her a promise that the grain and oil would not run out.

With the very little that we have, the gospel gives us a wonderful basis to work on. Love is the grain we have to offer and it will never run out. At a time when so many people are withdrawing from so many things, we need to show by example i.e. taking the time to visit the elderly, sitting with them and praying with them because we are all like the widow who baked for Elijah – we are that grain.



Our thanks to Shelagh Tomkinson for sending us this prayer specially written for the week, which will be included in our online Resource Pack.

Please send original contributions to us either by email info@pastoralcareproject.org.uk or post to Pastoral Care Project, St Gerard's, Coventry Road, Coleshill B46 3ED.

Already, many individuals and schools have committed to offering a decade of the Rosary every day between 12-19th March, we truly thank them for their generosity.

To keep up to date with events visit our website and follow us on twitter @dementiaapayer

Week of Prayer and Awareness of Dementia ©

12-19th March 2014



Registered Charity No 1094766

We invite you to participate in this special week by joining with us in our mission to raise awareness of the spiritual needs of the frail elderly - enabling carers to support them in their journey to the fullness of life.

"We all have something to offer"

Bishop David McGough - Pastoral Care Project AGM 2013

We are supporting the Pastoral Care Project's Week of Prayer & Awareness of Dementia.

Our event will be

Date.....Time

Venue.....

Contact Person.....

Any proceeds raised from the event are in aid of the work of the Pastoral Care Project.

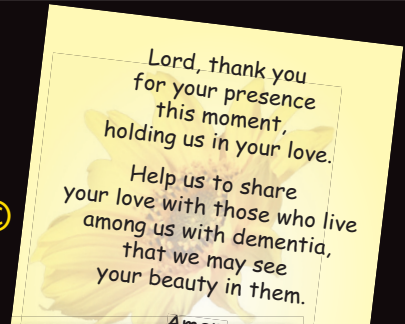
Please use this poster to promote your event - remember to let us know and we will add your event to our website.

www.pastoralcareproject.org.uk

Pastoral Care Project Registered Charity No 1094766

St Gerard's, Coventry Road, Coleshill B46 3ED. Tel: 01675 434035 Email: info@pastoralcareproject.org.uk

"Raising awareness of the spiritual needs of the frail elderly - enabling carers to support them in their journey to the fullness of life"



Bake 'n' Share

Scone Recipe (6 - 10 scones)

Preheat Oven 220 C, F200 C Gas 7-8
Using a wire sieve sift twice 250 g of Self Raising Flour and 1 Tsp Baking Powder add 50 g of castor sugar mix 1/2 tsp of butter.
Add 100ml milk 1 egg in a separate bowl - reserving a little for later.
Add the milk and mix. Knead lightly on a floured surface roll out and cut as desired.
Place on lightly floured baking sheet and brush with the reserved milk/egg mixture.
Bake for 10 - 12 mins. Best served warm.
Beautiful Scones - delicious, comforting - you will want to share them with someone!

Beautiful Memories

Some of my brightest memories are of my Mum Mary, baking in our kitchen.
We had the stove next to the open fire where the winter pilchets would be shared.
When my Mum went through the first frustrations of Dementia she expressed the need to make her beautiful scones. To satisfy someone her original recipe a volunteer came once a week and the culinary smells permeated her flat again and her satisfaction of contributing again sustained her insight and her self esteem.
All good wishes and blessings.
Canon Edward Pogmore
Healthcare Chaplaincy Team Leader, Greater Essex Hospital, Thurston

The aims of Bake 'n' Share:

- Remember!** All of us have a longing to make sense of the past and the present.
- Be inspired!** Create something whereby you visit with an elderly person, focuses on their interests. The visit can become a hub of activity, generating memories of the moment and a feeling of fulfilment - please share your idea and others with us (with their permission).
- Be generous!** To raise funds - every £ is so valuable to the work of the Pastoral Care Project. Schools - children love baking scones - benefiting literacy and numeracy skills.

*I wish to thank Rev Edward Pogmore for sharing his story with us and may it inspire you to be creative, to think of ways of being a friend with those who may need support. Frances Holley Project Manager
Any donations raised should be sent to the address below or complete the online form by clicking below.

Pastoral Care Project
St Gerard's,
Coventry Road,
Coleshill B46 3ED.
Telephone: 01675 434035
Email: info@pastoralcareproject.org.uk

Gift Aid it!
You can download a donations form here

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You may wish to offer to

- Include people with dementia and their carers in your daily prayers
- Incorporate the week into your regular event, assembly or meeting.
- Organise a Bake 'n' Share event.

There are Prayers, Poems, Activities, Ways of Donating and the information you need to get started which can be downloaded at:

www.pastoralcareproject.org.uk

or telephone 01675 434035 and

speak to Frances or Maria

follow us on twitter

@dementiaapayer