

Retreat Day

19th April 2015

11.00am Mass - 4.00pm

Lunch provided by St Augustine's parish.

'The Sacredness of the Human Heart'

Psalm 4. The Lord hears me whenever I call him.

... Lord, May we hold within us the spark that sets alight a fire in the heart - a holy fire...

The retreat will include talks, silent reflection, faith sharing, and celebration - encouraging each other's strengths and giftedness - growing as the Body of Christ through the Word, Sacraments and Music. What can we all expect from the day?

- Walking together with Christ.
- The concept of gift - the heart of spiritual growth.
- Deepening relationship with God and others.
- Personal spiritual growth and healing in one's own life.
- They told their story...

Retreat leaders: Frances Molloy, Father Dominic Kavanagh, and Frances Ashley, Frances Molloy - Founder of the Pastoral Care Project Charity and Leader of Ignation Spirituality and Frances Ashley is a Lay Team Member and Project Trustee

The Pastoral Care Project is an independent charity which has the backing of the Archdiocese of Birmingham- Bishop David McGough is our Lead Bishop. The Pastoral Care Project has particular concern for the person who has dementia and those who are responsible for their care. We have led many retreats and formation days for those who are called to this ministry in the church or in care home setting.

Donations may be given on the day to cover the retreat.