



Treasurer's Report

The Pastoral Care Project remains very grateful for the continued financial support provided from many sources which enables the Project to develop the resources which churches and organisations have come to rely on as they respond to the needs of those in their area.

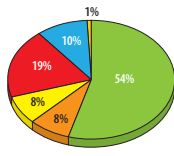
We are indebted to the support from the Roman Catholic Diocese of Birmingham, Father Hudson's Society and the parishes of Nuneaton and Coleshill, for their long-term generous financial support to this Project.

These donations make up approximately 50% of our annual funding – the Project has to source the remainder - in the region of £20,000. We therefore appeal to your generosity to help us to continue supporting the most isolated people in our communities.

In addition to the income provided by our main funders, we cannot forget the importance of the income provided through personal

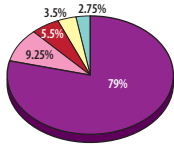
Income 2011 - 2012

Annual Grants	£21,000.00
Annual Grant in Kind	£3,000.00
One - off Grants	£2,995.00
Donations/Legacies/Pastoral Fees	£7,296.00
Resources	£3,874.82
Bank Interest/Other	£248.00
Total	£38,413.82



Expenditure 2011 - 2012

Charitable Work	£29,526.82
Charity Running Costs	£3,487.03
Resources/Promotion	£2,062.90
Professional Fees/Insurance/Licences	£1,290.40
IT Equipment	£1,034.44
Total	£37,401.59



Donations and Pastoral Fees over £200 from:

- St Nicolas Parish Church, Nuneaton
- Bridgend Deanery, Cardiff
- St James' Church, Nuneaton
- Sisters of St Joseph Lyon, Anglo - Irish Region
- Birmingham Church of England Diocese
- St Thomas More School of Technology & Sixth Form College

Gifts received from Legacy and Funeral Donations

- Thompson family, Birmingham

Please visit the website for further information or call the Pastoral Care Project office 01675 434035
Office: Pastoral Care Project, St Gerard's, Coventry Road, Coleshill B46 3ED.

Gift Aid Form

I enclose a donation of £5 £10 £20 £50 other £.....

Title Christian Name Surname

Address

Postcode.....

Gift Aid Declaration I want the Pastoral Care Project to treat donations I have made and all donations I make from the date of this declaration, until I notify you otherwise, as Gift Aid donations*. I understand I can cancel this declaration at any time by notifying the Pastoral Care Project. *You must pay an amount of UK income tax and/or capital tax gains at least equal to the tax that the Pastoral Care Project claims on your donations in the tax year (at the current rate).

Signed

Mail to: Pastoral Care Project, St Gerard's, Coventry Road, Coleshill B46 3ED. • To donate through online banking please contact the office for details.

Finance and Funding

donations, gifts at the AGM and the National Week of Prayer and Awareness of Dementia; not forgetting the income earned from training and workshops. The grants from the Day for Life Fund, the Co-operative Bank and the North Warwickshire Mayoral Fund have been very much appreciated.

The Project relies heavily on the free provision of services, skills, time and the compassion of the unpaid volunteers and is eternally grateful for their dedication, support and care. The Project is always pleased to welcome people with various skills to help with the schools initiative, administration, or with photography/video expertise or on the Board of Trustees.

Our Lord's love for those in need and for those who care never fails. The Lord has given the Project so many graces and we pray that he will continue to pour out his graces on us all and enable the Pastoral Care Project to continue his valuable work.

Kevin Goodyear
Treasurer

Continuing our Mission

The work of the Pastoral Care Project is growing - would you be willing to support us by:

- Praying for our work?
- Sending a donation?
- Promoting Instructions for my Funeral Mass?
- Remember the Pastoral Care Project in your Will?
- Host a fund raising event for the Pastoral Care Project?
- Join in the National Week of Prayer and Awareness of Dementia 12-19th March 2013?
- Hold a workplace/school Yellow Day?



Annual Review 2011-12

Part of the Archdiocese of Birmingham

Everyone knows someone who is affected by dementia

In response to the National Week of Prayer and Awareness of Dementia 12-19th March 2012 many letters, phone calls and emails as well as donations were received - all are very much appreciated and of great benefit to our work.

Sometimes an unexpected donation and story reminds us of the far reaching effect a prayer or a prayer card can have on someone. As in the case of the following story from the proprietor of Sheldon's Hair and Beauty Studio, Nuneaton.

"We held a fundraising event for the Pastoral Care Project during the National Week of Prayer and Awareness of Dementia - everyone knows someone who is affected by dementia. Our clients were treated to cup cakes baked for the occasion, by friends and neighbours - there was a real sense of community."

Having such an event was an opportunity to talk about dementia in a sensitive way. We were so pleased to raise £50.00 for the Pastoral Care Project."

Becky Sheldon
Proprietor Sheldon's Hair and Beauty Studio.



Rt. Rev. David McGough joins Pastoral Care Project as Lead Bishop



I welcome the Annual Report and Review of the Pastoral Care Project, and commend the generosity of spirit that it represents on the part of so many volunteers and supporters in so many regions of the Archdiocese and beyond. As austerity bites deeper it is inevitable that services to support our most vulnerable families decline.

It is here that the Pastoral Care Project, and we as a Church, can do much to assist those most in need.

As our population continues to age, dementia is the modern epidemic, largely hidden behind

closed doors. I thank the Pastoral Care Project for highlighting this problem, increasing awareness, and enabling practical help for isolated families.

The frailty of each person who suffers is a reflection of the vulnerability that Christ willingly embraced on the Cross. May Christ be revealed in the continuation of this wonderful ministry.

Bishop David McGough
Auxiliary Bishop of Birmingham

Board Of Trustees

- Chair**
Rev Michael Gamble
- Vice-Chair**
Rev Phillip Harrop
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- Secretary**
Mrs Helen Hawley
- Mr Nicholas Roy
Miss Ingrid Klabisz JP
Mrs Frances Ashley
Dr June Todd - *retiring Oct 2012*
Rev Kevin Kavanagh
Project Manager
Mrs Frances Molly
Part-time Admin Worker
Mrs Maria Gallagher

Mission Statement

Raising awareness of the spiritual needs of the frail elderly - enabling carers to support them in their journey to the fullness of life.

Inspired by Luke 4.18-19



Chairman's Report Fr Michael Gamble

A very warm welcome from the Pastoral Care Project. As the church prepares to celebrate the 'Year of Faith' on 11th October 2012, which incidentally is the date of our Annual General Meeting, what better way for us to begin the year than by reflecting

on the work of the Project. How the Holy Spirit has touched the lives of so many people throughout the country by the efforts of one small charity.

I am very much aware of how many blessings the Pastoral Care Project has received during the last year, and the invitation for us all to be 'The light of Christ to each other.' My special thanks to Archbishop Bernard Longley who appointed Bishop David McGough as lead bishop to the Pastoral Care Project. This is a great blessing and very generous of the Archbishop to honour our request. We thank him most sincerely.

I would like to thank Fr Michael Stack who came to speak at the 2011 Annual General Meeting about his role in the Chaplaincy team to University Hospital Coventry. My thanks also, to the Mayor of Nuneaton and Bedworth Cllr John Haynes who spoke from a carer's perspective of the importance of pastoral care. It was great that so many people came on the evening to support the Project's work.

The 'Week of Prayer and Awareness for Dementia' 12-19th March inspired so many people to respond. Many masses and prayers were offered in various parishes throughout Britain and Ireland. Indeed, Bishop David McGough our new lead Bishop, celebrated Mass for us here in Bulkington on 14th March as his introduction to the Project. I would like to thank him for his support and encouragement.

Other good news is that the 'Instructions for my Funeral Mass' document, due to demand, is now being updated for national distribution, being approved for use by the Catholic Bishops' Conference of England and Wales, and I would like to thank the Bishops' Standing Committee for all their help and support.

Work has also steadily continued to grow in deaneries reaching as far as Bridgend, with the call to be 'pastoral companions' to each other.

I would like to thank my fellow trustees, the Project Manager, the volunteers, and admin staff for their tireless work and commitment to the Project.

Last but not least, my thanks to you all, for your continued generosity and support, enabling the Pastoral Care Project to 'bear much fruit' and to be 'the light of Christ' to each other.

Fr Michael Gamble
Chair of Trustees

Family and one to one support

This year many family members have found themselves with caring responsibilities. Several have told us of the stress they experience as there is no consistency of care, i.e. different carers sent to provide personal care for their loved one. With closure of care homes and reduced funding there is also less respite care available; consequently both the cared-for and the carer are becoming more isolated.

The Pastoral Care Project has continued to support carers who live within a reasonable distance to the office base. There are many others who live further away who contact the office for help. We listen, and if they wish, we can put them in touch with a parish near to their home. Below is just one example of the difference made to the lives of two people. Some details have been changed to protect anonymity.

"It felt beautiful"

The words "It felt beautiful" were spoken by one lady who had received support from the Pastoral Care Project. Her husband who had Alzheimer's disease was moved into a care home outside the Birmingham Diocese. Spiritual care, being an important part of his life, wasn't in place in the care home. So the lady contacted the Pastoral Care Project for help. The Project was able to provide information and also contacted the parish near to the care home on her behalf. Subsequently, the Deacon or Eucharistic Ministers from the neighbouring parish would go to the care home every week so both she, and her husband could receive Holy Communion together.

However, there were new concerns as her husband became frailer; as to what might happen as he approached the end of his life. What pastoral care would be available within his faith tradition? How could those last weeks, days and hours of his life be meaningful? The Pastoral Care Project was able to meet with her, to listen and to guide, and so she was able to make their wishes known to the care home manager so that plans were put in place.



As her husband's illness advanced and he lost the sense of speaking she said, "she had no doubt that from the countenance of her husband's face that he knew the Lord was present each time the deacon came with Holy Communion - it felt beautiful."

Pastoral Companions

Bridgend Deanery Wales - Retreat Weekend - May 2011
'The Sacredness of the Human Heart' - Luke 24:13-35

The Pastoral Care Project was contacted by Elizabeth Hughes from the Bridgend Deanery, Cardiff for advice on the best way forward following a Spirituality and Dementia study day. This resulted in a weekend retreat led by Frances Molloy, Project Manager, at All Hallows Church, Bridgend.

The retreat based on Ignatian spirituality deepened their own spirituality and their desire to support carers in their parishes.

An email received from Elizabeth Hughes reaffirmed the need for such support. "Since the retreat weekend the Deanery Pastoral Companions have met regularly for prayer, reflection and faith-sharing and organised their first Quiet Day - 'Show us, Oh Lord, the Path of Life.' The response from carers who attended was very positive - a further day has already been arranged."

For information about setting up a Pastoral Companions group in your area please email us info@pastoralcareproject.org.uk or telephone: 01675 434035.



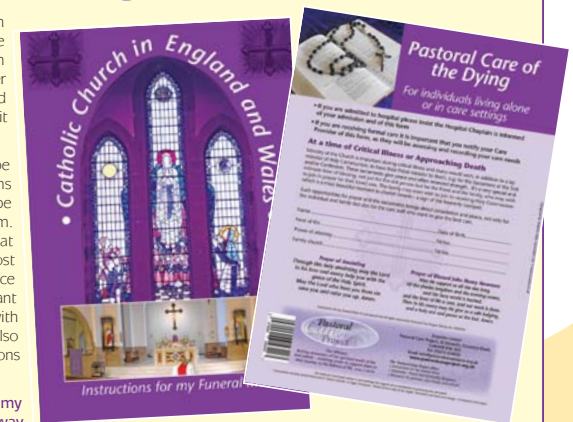
Instructions for my Funeral Mass

The Instructions for my Funeral Mass document which was first piloted by the Pastoral Care Project in care homes in 1997 and used within the Birmingham Diocese since 2007 has been updated in 2012 for wider use. The Project has invested a great deal of time and research into producing the document, resulting in it being approved for national distribution.

Instructions for my Funeral Mass has already proved to be of great practical help to parish groups and organisations who are already visiting people. However, there may be individuals who need assistance in completing the form. This may be due to failing sight or physical disability or that they may just wish to talk through what will be a most important event in their life, we know this from experience from those who contact the Project. Often people want to talk about previous bereavements, not necessarily with sadness but because it is precious to them. It is also important to make use of the Care of the Dying sections when care home or nursing care is being assessed.

Offering help to complete the Instructions for my Funeral Mass document with someone is one way of being a pastoral companion whilst giving practical assistance. Perhaps a few people within parishes could consider this as an apostolate - the Pastoral Care Project is willing to offer awareness sessions or training for individual parishes, deaneries and at national level.

The Project wishes to acknowledge the support of Archbishop Bernard Longley, Archbishop Vincent Nichols and the Catholic Bishops' Conference of England and Wales in supporting the development of this document.



The Pastoral Care Project also wishes to thank those who have selected the Pastoral Care Project as one of their chosen charities when completing instructions for my Funeral Mass.

For further information about how to order copies of Instructions for my Funeral Mass please visit the website www.pastoralcareproject.org.uk or contact the office on 01675 434035.

Organisations and Parishes we work with



Catholic Bishops' Conference of England and Wales - Mental Health Project

The Pastoral Care Project's association with the CBCE&W-Mental Health Project came about as a result of the Project being recommended for a grant from the Day for Life Fund in 2010-11.

World Mental Health Day October 2011

The Pastoral Care Project was honoured and privileged to have been asked to produce Prayers and Reflections for the World Mental Health Day October 2011. These prayers can be found by visiting website: www.mentalhealthproject.co.uk/helpineandsupportservices

Mental Health Conference – Hinsley Hall, Leeds on 3 - 4th Feb 2012

'Exploring Pastoral Support for Mental Health'

The Catholic Bishops' Mental Health Project Co-ordinator Gail Sainsbury organised a conference to raise the profile of the charities who received grants from the Day for Life Fund.

The full day began with Bishop Richard Moth celebrating mass - his homily was inspirational referring to Mark's Gospel 6: 30 - 34, he said, "From today's gospel it is clear that Jesus' message was irresistible to all who heard him." Bishop Moth's homily can be read by visiting www.mentalhealthproject.co.uk

The Project Manager, Frances Molloy and Trustee Frances Ashley were asked to prepare and lead the time of prayer. Following on, Chris Farmer CEO of Mind invited each delegate to give a presentation about their work and how the grant had made a difference. There was also opportunities to share ideas about good practice where stronger links were forged. This brought about an increase of support for the Week of Prayer and Awareness of Dementia.

The Project is grateful to Gail Sainsbury and the team for arranging the conference, and continues to benefit as information is disseminated via the Mental Health Project among like minded organisations.

Anglican Diocese of Birmingham Training Day 16th November 2011

'Growing Gifts'

The Pastoral Care Project led the workshop at the 'Growing Gifts' study day.

There was great interest around the subject of the use of music whilst praying, using silence with people with dementia and discerning how to pray with the person troubled by unhappy memories.

Flower Festival Our Lady of the Angels Nuneaton - June 2011

'Footsteps of Redeeming Love'

The Pastoral Care Project sponsored the tableau 'The Visitation - the second Joyful Mystery of the Rosary at the Flower Festival. It was an opportunity to pray for people with dementia and their carers, through contemplating the beautiful floral arrangement.



Quiet Afternoon of Reflection for Carers – 27th November 2011

Mater Ecclesiae Convent, Rugby Area Deanery

'The Lord is my Light and My Help – Psalm 27' was the theme of the day of reflection organised by the Pastoral Care Project and led by Project trustees Helen Hawley and Ingrid Klabisz.

Comment from the day:

"The afternoon was very helpful and comforting; it is nice to be together in this sort of group and be calm and quiet, to think about God and only God – for a time."

We wish to thank Mother Mary Thomas and the sisters for their hospitality.

Annual Mass for the Sick - Nuneaton and Area Parishes - July 2011



The Annual Mass organised by the Pastoral Care Project and Our Lady's Pastoral Visiting Team was a truly wonderful, moving and happy occasion for the sick, the housebound, residents from care homes and the helpers from the parish.

A special thank you to everyone who helped to make the day possible and so worthwhile. Many parishioners commented that they wished this sort of event could happen more often.

November - Remembrance Services

The Pastoral Care Project organised two services for housing complexes in Nuneaton - Cheverel Place, and Stan Williams Court.

The Scheme Managers and their staff went to great lengths to prepare and ensure the day was memorable for everyone; veterans, local dignitaries as well as family and friends.

Staff and residents took part in the service as did the Mayor of Nuneaton and Bedworth Cllr Neill Philips. A class from Our Lady of the Angels Infant School joined in the service at Stan Williams Court and they sang 'Peace Perfect Peace' to conclude the service.

Prayers were also offered for deceased residents whose names are written in the complex's Book of Remembrance - these were read out by each complex manager.

The Pastoral Care Project is grateful to its volunteers and to St John's Methodist Church Choir and veterans, who have been supporting the events for many years.



Our Lady of the Angels, Nuneaton Parish Pastoral Visiting Team

This team grew out of a Pastoral Care Project awareness event in 2008. The Parish Priest Fr Philip Harrop, was keen that the parish offer home visits to the bereaved and those not able to get to mass who may wish to receive a visit.

The Project provided the initial training and continues to provide ongoing support.



Raising Awareness in Schools

The Pastoral Care Project's work in schools continues and the Project was invited into two schools in Nuneaton, Warwickshire.

Our Lady of the Angels Infant School

The Project Manager, along with Volunteer Liz Lloyd visited the Our Lady of the Angels School to give presentations about the

work of the charity and to emphasise the importance of memory and friendship. The children were so engaging and prayerful, they were a credit to their school. The school committed to holding a 'Yellow day' later in the term.

St Thomas More School of Technology & Sixth Form College - Year 10

Project Manager, Frances Molloy and Volunteer Liz Lloyd, led the assembly and received a warm welcome from Mr Paschal Somers form tutor, and the pupils. It was a humbling moment during the assembly when several children shared that they had a family member with dementia.

Mr Somers and two pupils presented a cheque for £200.00 to the Project Manager. It was such a wonderful surprise also to know that the school had chosen the Pastoral Care Project as one of their charities for the year.

Schools can benefit from presentations available to download on the Project's website. The Pastoral Care Project is grateful for the support of the Birmingham Diocesan Schools Commission.



National Week of Prayer and Awareness of Dementia® 12 -19th March 2012



This year the Pastoral Care Project launched the National Week of Prayer and Awareness of Dementia from 12- 19th March. The event grew from what was a national day the two previous years. With the growing interest in this initiative it seemed the right time to respond by offering a full week so many more organisations, parishes and schools could join in prayer on at least one of the days.

Bishop David McGough, celebrated Mass on Wednesday 14th March at Our Lady of the Sacred Heart Church, Bulkington. Everything was so beautiful and

special thanks to the parishioners for their hospitality.

to the organiser for the arrangement of the Project's chorus 'I have loved you', played during communion. Many people commented on how uplifting the Mass was – how Bishop David's words touched them in their own situation.

The Project's vision for the week was that many individuals, parishes and religious orders would cover Britain and Ireland with prayer. This resulted in forty thousand prayer cards being distributed, Cardiff Diocese alone, requested ten thousand.

Many parishes and organisations responded by purchasing prayer cards and celebrating mass; praying the prayer each day after Holy Communion or including them in the Sunday Prayers of the Faithful – listed below are those who committed to specific dates throughout the week.

- Ss Patrick's & Bridget's, Ballycastle, N.Ireland
- St Hilda & St Aiden Manchester
- George Elliott Hospital Chaplaincy , Nuneaton
- Cathedrals: Birmingham, Westminster, Southwark
- St Patrick's Missionary Society UK & Ireland
- Ealing Abbey, London
- Holy Family Church, Reigate,Surrey
- St Mary's, Bridgend, Wales
- White Fathers – Missionaries to Africa,UK
- St Peter's, Hinckley, Leicestershire
- Columban Missionary Society
- St Wulston's, Little Malvern, Worcestershire
- Christ Church, Coventry
- Sons of Divine Providence UK
- St John's Seminary, Wonersh, Surrey,
- Buckfast Abbey, Devon

"I am pleased to commend the National Week of Prayer and Awareness of Dementia. Few of us can imagine the isolation, and consequent anxiety, that this affliction brings both to those who suffer and their families. Through prayer let us ground ourselves in our communion with the Lord, making ourselves one with the many who suffer and those who care for them."

Bishop David McGough
Lead Bishop to the Pastoral Care Project

Care Homes

Many religious orders and those running care homes invited family members to join with the residents in prayer. Several sent donations to the Pastoral Care Project.

- Sisters of Nazareth, Liverpool
- Sisters of Mercy, Derby
- Little Sisters of the Poor, Birmingham
- Camplehay, Tavistock, Devon
- Hospitaller Sisters - UK
- Nugent Care, Liverpool

We also wish to acknowledge the prayers and support of Archbishop Bernard Longley, Archbishop Peter Smith, Cardinal Keith O'Brien, Bishop Dr Christopher Cocksworth, Bishop Richard Moth, Bishop Mark Davies, Bishop William Kenney CP, Bishop Peter Doyle, Monsignor Robert Reardon, Marriage and Family Life, The Catholic Bishops' Conference of England and Wales, Mental Health Project, Caritas SAN and the Catholic Media Office.

Finally, a special thank you to the many individuals who prayed, purchased prayer cards or sent donations, too many to mention individually, you have helped make the week so successful.

The Pastoral Care Project would like to hear from those who wish to join in the Week of Prayer 12-19th March 2013. One example would be to dedicate a regular service to pray and to raise awareness - below is one example.

Service of Healing - All Saints Church of England Church, Nuneaton 14th March

The weekly Service of Healing was attended by the Mayor of Nuneaton and Bedworth Councillor Neill Phillips and the Project Manager, Frances Molloy. The service included a time of individual prayers of blessing led by the vicar Rev Frank Sheldon, followed by an invitation to their shared lunch afterwards. The church also handed out prayer cards at the Mothering Service on Sunday.



Pastoral Reflection 'Dance for Life'

This year I would like to reflect on contemplative dance based on the Gospel of Luke 1:26-56 choreographed and performed by Chelsey Finlayson, Sheryllyn Boyd and Hermione Purvis.

This came about because Claire Duncan, their dance tutor was inspired by the beautiful arrangements at Our Lady of the Angels Nuneaton Flower Festival. Paying particular attention to the arrangement of the Visitation sponsored by the Pastoral Care Project, she felt she wanted to give in some way to the Project. When she read the invitation in the church bulletin for entertainment following the Mass for the sick she offered to help.

The dance begins with Mary (dancer 1) bowed in prayer; joined by the Angel Gabriel (dancer 2) both wearing blue cloth sashes round their waist depicting holiness. Following the overshadowing of the Holy Spirit (dancer 2) Mary then sets out to visit her cousin Elizabeth (dancer 3) - accompanied by the Holy Spirit (dancer 2). After meeting Elizabeth a blue sash was tied round her waist symbolic of her having received the Holy Spirit too. The dance ends with the dancers giving out small swatches of blue cloth to those present.

The way in which the story was interpreted through dance was deeply moving, particularly as the dancers had no previous knowledge of the story and yet they made the story their own. My special thanks to Claire and the students for choreographing and bringing the gospel to life in such a beautiful way.

For me, contemplating the picture I am reminded of the elderly person, the person with dementia; their carers who when nourished spiritually reflect the beauty of God; as is written in 2 Corinthians 3:16-18 'we grow brighter like mirrors until we reflect the image of God.' Throughout this report there are many more examples of



moments like this when the light of God is reflected.

I wish to invite you to reflect on this story and the picture. Should you wish to contribute your own story, poem or reflection which could be used for the Reflections section of the website, I would be delighted to hear from you.

Frances Molloy
Project Manager

Resources

The Pastoral Care Project has produced the following resources.

- Instructions for my Funeral Mass/Pastoral Care of the Dying Document
- Prayer Cards - National Week of Prayer and Awareness of Dementia 12-19th March 2013
- Thoughts from the Heart Poetry Booklets
- Quiet Days for Carers Booklets
- Spiritual Care in Confusion DVD
- Voice Cafe
- SINGING Cafe - Sounds and Senses

Powerpoints

- Continuing the Church outside the Church Building
- Facing Dementia Together
- Leading Services in Care Settings
- School Assembly Presentations

For further information on prices or how to order please contact the Pastoral Care Project office 01675 434035, email info@pastoralcareproject.org.uk or visit www.pastoralcareproject.org.uk

Online Prayer Resources

In Memory of...

The 'In memory of' offers a sacred space for people to remember a loved one who has passed away.

"I feel close to those who knew my loved one - they are remembered in a loving way."

It means that families wherever they live, can share a few moments together.

Pray for...

The 'Pray for' page has been set up in response to the number of requests from people who emailed us for prayer.

Both Pages are managed and edited solely by the Project, respecting anonymity where requested.

Please visit www.pastoralcareproject.org.uk for further information.



SCAN THE QR CODE FOR MORE INFORMATION