

Finance and Funding

'together we are making a difference'



Annual Review 2010-11

Registered Charity No 1094766

Children wear yellow to support the Pastoral Care Project

"It was really interesting to learn that some sufferers of Dementia remember their prayers and hymns and still have their faith even if they're forgetful of other things in their daily lives."

Sam - Year 5, St Roberts RC, Primary, Bridgend, Wales.



Schools Supporting the Day:

Our Lady of the Angels RC Primary School, Nuneaton (F)
 Outwoods Local Authority Primary School, Atherstone
 St Anne's RC Primary School, Nuneaton (F)
 St Edward's RC Primary School, Coleshill
 St Francis of Assisi RC Primary School, Bedworth (F)
 St Thomas More RC School & Technology College, Nuneaton (F)
 Our Lady's Primary School, Princethorpe (F)
 St Chad's RC Primary School, Dudley (F)
 SS Gabriel & Raphael RC Primary School, Rhonda (F)
 St Robert's RC Primary School, Bridgend (F)
 Cardinal Newman RC Comprehensive, Pontypridd

F = Fund Raised for the Project

It has been a pleasure to visit schools. The enthusiasm on a scale of 1-10 it was definitely higher than a 10. This encourages us all to go out with the same God given enthusiasm.

Doreen Harvey, Project Volunteer



"I want to thank you for all that you do, I only wish that I could do more...I just want to give people hope"

Noel Meigh

In the last twenty years Noel has come through brain surgery, heart surgery and two strokes and still supports those who are less able. Noel is an inspiration and reminds us of our responsibility to listen to and value the contribution of older people today.

Pastoral Companions - 'Helping the Helpers'

This year the Pastoral Care Project has delivered training at diocesan, local and national level to over 700 people.



Anglican Diocese Birmingham Annual Away Day
 'Ministry in Demanding Situations'

Read more inside...

SINGING Café - Sounds & Senses Training

The course for Nuneaton and Bedworth Sheltered Housing Scheme Managers was funded by WCC and NBBC.

The main objective was to introduce and highlight the various ways that music can benefit each individual.

Comment from the day:
"A very worthwhile course and enjoyable - would be very interested in going on more courses like this."

Congratulations

to Joanne Metcalfe, former Project Assistant, on the birth of baby Maisie. Her expertise and enthusiasm contributed greatly to the National Day of Prayer for Dementia and she is missed in the office. Our best wishes to Joanne and her family.



Treasurer's Report



The Pastoral Care Project Board of Trustees voted that I should continue as Treasurer for a further term. I am delighted to offer my service in this way for the continuity of the Project's finances.

We are indebted to our main funders; the Roman Catholic Diocese of Birmingham, Father Hudson's Society and the parishes of St Anne's, St Joseph's, Our Lady of the Angels, Nuneaton, St Francis of Assisi, Bedworth and Our Lady of the Sacred Heart, Bulkington, for their generous financial support to this Project since 2002.

We welcome the parish of the Sacred Heart and St Teresa, Coleshill as an annual giver - we are so thankful for their generosity and support. We would welcome more churches and organisations to consider regular giving.

In addition to the income provided by our main funders, we are grateful for the support and the grant from the Bishops' Conference of England and Wales Mental Health Project - Day for Life. We cannot forget the importance of income generated through training, personal donations, gifts at the AGM and the

National Day of Prayer for Dementia.

Close scrutiny of the accounts is a regular feature of the Trustee Meetings and will continue to be for some time during the uncertain economic climate we all find ourselves in at the moment. Whilst there may be a healthy balance of £19,323,69 being carried forward at 31st March 2011, without the generation of increased funding, the viability of the Project to fund its activities is likely to be very uncertain for 2012 and beyond. In addition to the annual grants the Project needs to raise £24,000.

To enquire about becoming a regular giver or donating to the charitable work please contact myself, any of the Trustees or the Project Manager on 01675 434035.

Our Lord continues to show his love and support for those in need and with his grace and your continued support, prayers and contributions, the Pastoral Care Project will continue to grow and help the most vulnerable people in our community.

Kevin Goodyear
 Treasurer



Michael Cauchi, former carer and Project Volunteer contributed to 'Thoughts from the Heart' poetry book.

"People with dementia remember God, and God never forgets them."

National Day of Prayer for Dementia 19th March 2012

Prayer, Awareness Event, Almsgiving
 Organise a yellow themed event - visit www.dayofprayerfordementia.org.uk for resources or scan the QR code!



Support the Day through regular events, ie: Coffee Mornings, Bible Study Assemblies, Dress Down Friday!

Training Courses Offered

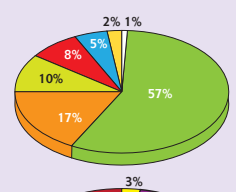
The Pastoral Care Project can offer tailor made courses to suit. Below are just a few examples.
 End of Life/ Pastoral Care of the Dying
 Facing Dementia Together
 Continuing the Church outside the Church
Sounds and Senses - communicating through the Senses
VOICE Café - overcoming fears when speaking
SINGING Café - ways of using the voice/music

Resources available to order:

- Instructions for my Funeral Mass** © 50p per copy plus P&P.
 - Thoughts from the Heart** © Poems, written by Carers £3 plus P&P.
 - Spiritual Care in Confusion** © DVD - for personal or professional use £12.99 plus P&P.
 - Quiet Days for Carers Booklets** © £3 plus P&P.
- Send order plus payment to:
 Pastoral Care Project,
 St Gerards,
 Coventry Road,
 Coleshill B46 3ED.
 Remember to **Gift Aid!**

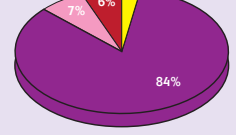
Income 2010 - 2011

Annual Grants	£21,000.00
One - off Grants	£6,270.00
Training & Pastoral Fees	£3,874.00
Annual Gift in Kind	£3,000.00
Donations	£1845.52
Legacies	£680.00
Gift Aid/Resources/Other	£412.72
Total	£37,082.24



Expenditure 2010 - 2011

Charitable Work	£35,050.53
Charity Running Costs	£3,034.30
Resources/Promotion	£2,335.79
Professional Fees/Insurance	£1,274.10
Total	£41,694.72



- Donations received from:**
- St John Fisher Parish, Coventry
 - St Nicolas Parish Church, Nuneaton
 - Manor Court Baptist Church, Nuneaton
 - St James' Church, Nuneaton
 - Our Lady of the Wayside, Shirley, Solihull
 - St James, Bulkington - Coffee Morning
 - Cheverel Place Sheltered Housing, Nuneaton - Wear Yellow Day
 - St Mary's Abbey, Colwich
 - Daniel Ross Funeral Directors, Birmingham
 - Our Lady's Primary School, Princethorpe, Warwickshire
 - Co-operative Heart of England Community Foundation, Nuneaton
 - Ladies' Fellowship Manor Court Baptist Church Nuneaton.

Volunteers contributed 452 hours which equates to a total of £3,390.

This is fantastic! Without the time given by the volunteers and many individuals on an ad hoc basis the Project would not have achieved so much.

Gifts received from Legacy & Funeral Donations

- Thomas Tree
- Thompson family

Remember the Pastoral Care Project in your Will!

Gift Aid Form

I enclose a donation of £10 £50 £250 £1000 other £.....

Title Christian name Surname

Address

Postcode

Gift Aid Declaration I want the Pastoral Care Project to treat donations I have made and all donations I make from the date of this declaration, until I notify you otherwise, as Gift Aid donations. I understand I can cancel this declaration at any time by notifying the Pastoral Care Project. *You must pay an amount of UK income tax and/or capital tax gains at least equal to the tax that the Pastoral Care Project claims on your donations in the tax year (at the current rate).

Signed

Mail to: Pastoral Care Project, St Gerards, Coventry Road, Coleshill B46 3ED
 To donate through online banking please contact the office for details.

Facing Dementia

Working Together



“older people – a blessing for society”

CHAIRMAN'S REPORT - Fr Michael Gamble

“Long years of life afford us the opportunity to appreciate both the beauty of God's greatest gift to us, the gift of life, as well as the fragility of the human spirit.”
(Pope Benedict XVI - St Peter's Residence, Vauxhall, Saturday 18 September 2010)

These words spoken to us by Pope Benedict XVI during his visit to our country in September 2010 give us great encouragement in recognising the importance and the need for our work with the frail elderly and their carers. The Pope went on to say, *“It is important to recognise the presence of growing numbers of older people as a blessing for society. Every generation can learn from the experience and wisdom of the generation that preceded it. Indeed the provision of care for the elderly should be considered not so much an act of generosity as the repayment of a debt of gratitude... to place all that we have personally been and done before the mercy and tenderness of God”.*

Since the humble beginnings of the Pastoral Care Project in 1994 and achieving charitable status in 2002, the Project has very successfully been able to support people with dementia and their carers in their time of need and to recognise the frail elderly as a blessing. Now in its tenth year, the Project enthusiastically moves forward to continually give its time to all those who call on its resources, to gain a deeper understanding, to encourage and to enable the person with dementia to express in whatever way that they find possible the thoughts of their hearts.

“a necessary resource for the Birmingham Archdiocese & beyond”

So much has evolved and been learned from those early days by all involved in the Pastoral Care Project. Among the most inspirational are the life stories of those we support giving us encouragement and vision for the future. The Project is now a necessary resource for the Birmingham Archdiocese and beyond.

To the future, we look for sponsorship to offer workshops to more parishes on ‘Facing Dementia Together’ – encompassing the faith and sacramental needs of the person with dementia in our midst; and to continue our work with Schools. The Project will continue to promote the National Day of Prayer for Dementia on 19th March 2012 and the care of the dying along with the document ‘Instructions for my Funeral Mass.’

As always, I would like to thank most sincerely my fellow Trustees, the Project Manager, the Volunteers and Admin Staff for their tireless work and commitment to the Project. I would especially like to thank the Rev. Richard Hughes, the vice chair and minister of Manor Court Road Baptist Church Nuneaton who sadly had to retire this year, for all his work and dedication with the Project. Fr Philip Harrop, Dean of the Rugby Deanery, has taken over this responsibility and I am most grateful to him for his generosity.

Finally, a very big thank you to you all for your untrifling generosity and support, enabling us to continue this important work.

Fr Michael Gamble

Chair of Trustees.

Organisations and Parishes we are working with:

This year the Pastoral Care Project has delivered training at diocesan, local and national level. Many initiatives emerged from the training courses, for example, Ways of Paying Respect when a resident dies and Sounds and Senses – using music holistically.

Care Settings

Little Sisters of the Poor – St Joseph's Care Home, Birmingham
Hospitalier Sisters of the Sacred Heart – St Teresa's Care Home, Kensington
Hospitalier Sisters of the Sacred Heart – St Augustine's Care Home, Surrey



Comment from the day:
“Of all the training days we have had... this is by far the best day as it was truly pastoral in every way.”

Churches

Pastoral Care is an important part of the churches outreach to the community. The Pastoral Care Project was delighted to have worked with the following churches:

Rugby Area Parishes

The Pastoral Awareness day at the Mater Ecclesiae Convent was the initiative of Fr Malcolm Glaze of the Rugby Deanery. It was attended by carers and representatives from various parish groups.

“The emphasis on the benefits that those with dementia give to us, reminds me of my good fortune when times seem hard in looking after my father, who has dementia.”

Nuneaton Area Parishes

The Project and Our Lady's Pastoral Visiting Team co-ordinated the Annual Mass for the sick and housebound. Many parishioners worked tirelessly to prepare the liturgy, the lunch and entertainment. The day concluded with Benediction – it was a wonderful day.

St Peter's Church of England Parish, Mancetter

A soup lunch and a time of reflection was organised for the community to join in the National Day of Prayer for Dementia.

North Birmingham Methodist Circuit Training Day

Day of developing the spirituality of their pastoral visitors.

Shropshire District Council of Saint Vincent De Paul Society - Area Festival



“We really had an amazing afternoon and the consensus was... it was just so uplifting, and given with such a wonderful spirituality.” Email received from Bernadette Walton President

Our Volunteers visited the following churches to speak about the Project's work:

St James' Ladies C of E Fellowship Nuneaton
St Joseph's RC Primary School, Nuneaton
St Thomas More Church, Coventry Memory Group

They also visited St Joseph's Care Home, Coleshill and Richmond Village, Coventry. These visits vary from the Service of the Word, music ministry and individual visits on a regular basis.

Pastoral Care of the Dying – End of Life Care ‘comfort and reassurance’



Since the Pastoral Care Project began in 1994, one of the main concerns of families caring for a loved one with dementia was the end of life care – will they die at home? What will happen? What will it be like?

In 1997 as the Project took on pastoral work in care homes other concerns were highlighted such as the lack of choice in the care plan. Residents were worried and often distressed as they felt their religious and faith needs were not being recognised. At the same time there were many clergy also aware of the increased number of frail elderly parishioners, who didn't receive a funeral mass.

The Pastoral Care Project designed the document 'Instructions for my Funeral Mass.' Due to its success throughout the UK it has been updated in 2011 with the blessing of Archbishop Bernard Longley.

It is available to purchase now from the Pastoral Care Project Office or from your parish.

The following extract from a letter received from members of the Thompson family confirms its importance and value.

The Pastoral Care Project very much appreciates and thanks the Thompson family for their kind words and for choosing the Pastoral Care Project as their charity for funeral donations. We are ever thankful to them for their generous donation of £180.00.

“We would like to thank you, Frances and Joanne, for your help and support following the sudden death of our beloved brother, Michael at the age of only 54. We are especially grateful for ‘Instructions for My Funeral Mass.’ It proved invaluable to us as a family, as we struggled to deal with all of the funeral arrangements - this was something our mum would have sorted out in years gone by, but now she has dementia. Not only did we have the responsibility of making sure everything was right for Michael, we had to consider our mum who was aware that somebody had died in the house but struggled to comprehend that it was her eldest son.

Our main concern was that we wanted Michael to be cremated in accordance with his wishes, but we also wanted to remain true to our Catholic faith and traditions as this would help our mother too. Using the form and reading the letter within it from Archbishop Bernard gave us comfort and reassurance when we needed it most.”

Bishops' Conference helps raise awareness of Dementia National Day of Prayer for Dementia – 19th March 2011

In 2009 the Pastoral Care Project was inspired to create a Day of Prayer for Dementia. The response to the initial Day was amazing and it has continued to grow with the help of so many people.

A grant from the Bishops' Conference of England and Wales - Mental Health Project (Day for Life) and input from the Birmingham Diocesan Schools Commission and the Department of Religious Education enabled the Project to raise awareness in schools in 2010-11.

Around 3,000 children were involved in school assemblies and class discussions. The Project Teams received a warm welcome from the schools visited. The children enthusiastically participated in the presentations. They loved 'naming the dog' and 'naming the baby' used in the presentation. Some children spoke of a family member with dementia. They also enjoyed learning and singing the Project's song 'I have loved you.'

A special thank you to Our Lady's RC Primary School, Pinnington, St Joseph's RC Primary School, Nuneaton and Coleshill Church of England School, Coleshill who were involved in piloting the presentations in 2010.

A Prayer Card was specially designed for the Day and almost twenty thousand were distributed to parishes, schools, organisations and individuals. Packs for parishes and care homes as well as on-line resources were also made available.

We are grateful for the support from the Catholic Church Media and BBC Coventry and Warwickshire Radio, Coverage on Zenith News, EWTN and Mison.com also meant that people worldwide were able to join in the Day of Prayer.



Prayer for Dementia

Due to the overwhelming response, the Prayer for Dementia was uploaded onto YouTube. Our thanks go to John Hart for filming the prayer for us.

A poem was sent to us by Branwen Draper about her late grandparents who had both suffered from dementia. Branwen wanted to remember them in the website's dayofprayerfordementia 'In Memory of' page. With her and her parents' permission we uploaded the poem onto YouTube - to fully appreciate the poem please visit the YouTube site, type in Pastoral Care Project where you will be able to view the poem 'My Grandparents' and the Prayer for Dementia.



MY GRANDPARENTS

Mamú Gwill I miss you lots and I remember your beautiful locks. What fun days we had together, they will be cherished forever and ever. We all knew you liked your chocolates and always liked the sweetest stall, but then one day we gathered together when we found out you had gone forever and ever. Granddad I remember you, big glasses and fancy shoes, you always liked a strong cup of tea but so do mum, dad and me. The question is "do you remember me?" Then we were told you had gracefully passed away, but, we still remember you to this very day.

Branwen Draper, aged 11