

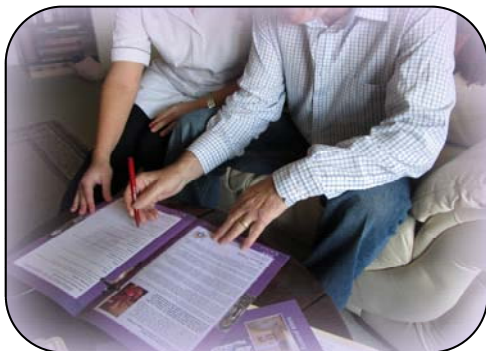


Registered Charity No 1094766

Pastoral Care Project

Part of the Archdiocese of Birmingham

ANNUAL REPORT 2012 - 2013



Pastoral Care Project: St Gerard's, Coventry Road, Coleshill, B46 3ED
Telephone: 01675 434035

www.pastoralcareproject.org.uk email info@pastoralcareproject.org.uk

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The Pastoral Care Project gains permission before printing photographs

CHARITABLE OBJECTIVES

The Charity will work from a Christian ecumenical base for the relief of people who are aged, ill or disabled, especially those with dementia related illness.

Our Mission

Raising awareness of the spiritual needs of the frail elderly –
enabling carers to support them in their journey to the fullness of life.

Inspired by Luke 4.18-19

The spirit of the Lord is upon me because he has anointed me;
He has sent me to bring good news to the poor,
to proclaim release for prisoners and
recovery of sight for the blind;
to free the broken-hearted and
to proclaim the Lord's year of favour.

Lead Bishop

Rt. Rev David McGough

Auxiliary Bishop of Birmingham and Lead bishop to Project

BOARD OF TRUSTEES

Chair

Rev Michael Gamble

Parish Priest, Our Lady of the Sacred Heart, Bulkington
Officiating Chaplain to the Armed Services

Vice-Chair

Rev Phillip Harrop -retiring AGM 2013

Parish Priest, Our Lady of the Angels, Nuneaton
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Pastoral Care Project – Awareness & Training

Miss Ingrid Klabisz J.P

Nurse Manager
Pastoral Care Project – Awareness & Training

Mrs Frances Ashley

Teaching Assistant
Pastoral Care Project – Awareness & Training

Rev Kevin Kavanagh

Parish Priest, Sacred Heart and St Teresa, Coleshill
Chair of Coleshill Christians Together

Employees

Mrs Frances Molloy

Project Manager,
Retreat Leader/ Prayer Guide. Eucharist Minister & Reader

Mrs Maria Gallagher

Administrative Assistant

Volunteers

Total 12

Office

Pastoral Care Project
St Gerard's Coventry Road,
Coleshill B46 3ED

Telephone 01675 434035 www.pastoralcareproject.org.uk email info@pastoralcareproject.org.uk



CHAIRMAN'S Report

Fr Michael Gamble

"... the results of our pastoral work do not depend on the wealth of resources but on the creativity of love ..." Pope Francis

These words of Pope Francis spoken to the Bishops of Brazil during World Youth Day in July this year, remind us once again of the importance to reach out to those in need, to those who are frail, lonely and vulnerable in our parish communities. The Pastoral Care Project continues to make a difference in this area, with special concern for those living with dementia and in being a pastoral companion for their carers too.

The Pastoral Care Project is part of the Archdiocese of Birmingham and we are so pleased to be of service to parishes and individuals.

Parishes continue to contact us for resources and to request training to enable them to reach out to those in need. From my own experience when visiting care homes to give sacrament of the sick to they dying, I see the real need to extend pastoral visits and to have people who can sit with the dying, especially where they have no family able to respond to this greater need.

You will see from the Annual Report the great work achieved this year. My thanks to the dedicated team of volunteers many of whom have been with the Pastoral Care Project for over ten years; they have contributed so much to many events and training days. I also wish to thank Frances, the Project Manager and Maria the part-time administrator for their tireless work and commitment. They have shown such empathy and devotion to the care of the elderly in the way they undertake the tasks entrusted to them.

I would like to thank most sincerely my fellow trustees, sadly Father Philip Harrop, the Vice Chair who is having to retire as a trustee due to his move to another parish in the Birmingham area; his support has been much appreciated over the years and we all wish him well in his new parish.

Finally, I would like to thank you all too for your generosity, in whatever way you support our work. It means so much to us and to those that we support - we cannot do it without you.

May I end with that beautiful prayer of Cardinal John Henry Newman which reflects God's charitable love. ***"May he support us all the day long, till the shades lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done! Then in his mercy may he give us a safe lodging, a holy rest, and peace at the last!"***

God Bless you all.

Fr. Michael Gamble

Lead Bishop's Message

Rt. Rev. David McGough



It gives me great pleasure to introduce the Annual Report of the Pastoral Care Project. Within its pages you will find a full account of the many activities undertaken in the last twelve months.

These activities record the devoted care of the many people who have so generously given their care and love to so many needy people in our communities.

I pray that this record of their service in our homes and parishes will be an encouragement to many others to become involved. We are all, in the deepest sense, called to involvement, since the Lord's command to love one another as he has loved us embraces us all.

Practical projects described in the Report refer to the annual national Week of prayer for and awareness of Dementia. Dementia and the challenges it brings are frequently hidden from view, but its consequences touch all our communities, reaching into every family, parish and school. Please do all that you can to support those in your own communities that are facing the challenges of Dementia. Raise awareness by publicising the Week of prayer in your own parish and school communities. Do not hesitate to contact the Pastoral Care Project directly for the resources that they are able to offer.

The 'Instructions for my Funeral' is another valuable contribution from the Pastoral Care Project. Bereavement is always painful, and this document, expressing clear wishes for the conduct of a funeral, is one of the many ways of easing that pain. I recommend its adoption in all parishes. At a time of great stress it provides a clear pathway for all involved: family, clergy and funeral directors. Please do not hesitate to contact the Pastoral Care Project for supplies of the document and make it available at the back of your Church.

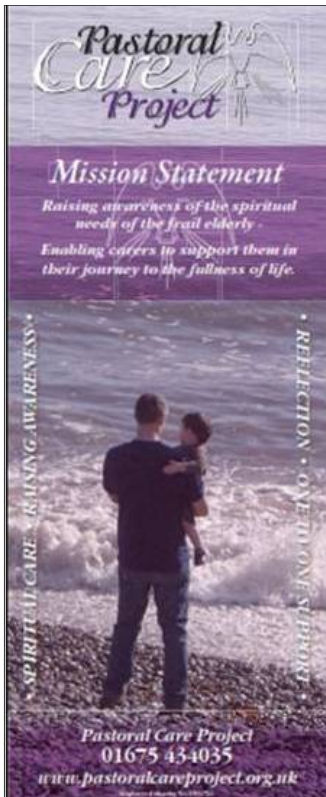
Many thanks for all that has been achieved in the past year, and my prayers for God's blessing on all that lies ahead.

Bishop David McGough

Auxiliary Bishop of Birmingham

Pastoral Care - Pastoral Companions

Part of the Pastoral Care Project's mission is to support those caring for the frail elderly by raising



awareness and offering training, whether it is for professional carers in a care setting; providers of care in the home or for a family caring for a relative.

Carers range in age from school children to the very elderly. It is for this reason that the Pastoral Care Project raises awareness in schools.

The contribution given by many of the Project volunteers has helped enormously to bring the Project to where it is today. Their experience and long term commitment has been a real blessing when the Project is invited to contribute to presentations and training.

We must not forget the volunteers and carers who have helped the Pastoral Care Projects' pioneering work; many of whom have gone to the Lord - their deep affection; their faithfulness, dedication and compassion made such a difference to so many.

Within the Birmingham diocese and beyond there are many who are very supportive of the work of the Pastoral Care Project and give their time in a variety of ways, and we are most grateful to them. Their contribution is noted throughout this report.

Supporting families in North Warwickshire

The Pastoral Care Project has continued to support several carers who live within a reasonable distance from the office base. Often support given is outside of office hours as in the following story:

A telephone call was received from a former carer. She wanted to share the outcome of a tribunal which had been going on for many years investigating the lack of care her mother had received during the last year of her life. The outcome was positive lifting a great burden from this lady's life and restoring her mothers dignity. She wanted to share this with us because of the support she had received from the Pastoral Care Project over the years. It also meant she could now grieve properly.

Care Homes

This year requests were received from managers of two care homes in Nuneaton where elderly residents were critically ill. The requests came about from the homes' previous contact with the Pastoral Care Project. These were unexpected calls for support which required considerable preparation. One visit resulted in ongoing visits from the Project Manager and the other, the person asked the Project to contact a member of the clergy to visit them.

One of the care homes visited wanted to ensure the religious beliefs of all their residents was supported. Consultations with the Pastoral Care Project and a parish are ongoing regarding the best way forward to integrate pastoral care into the day to day care of each individual resident.

Sadly masses are no longer celebrated in many care homes - one home expressed their sadness at this and the staff commented how the mass helped their residents - it seemed to lift their spirits. Fr Arul Samy also touched on this *"It is so moving - it is a time when their restlessness and agitation stands still and I am touched by their awareness and response to the Mass."* Project Annual Report 2005-6

Carers within the Birmingham Diocese

There are times when the elderly, many of whom are carers, have contacted the office for information or for Instructions for my Funeral Mass documents.

Some who live alone have spoken of their isolation and loneliness and that they haven't spoken to anyone for days, they often say how pleased they are to have been given time to talk.



Replacing the receiver after such a phone call makes us think of the difference those few minutes have made to that persons life; but that is not enough—more help is needed.

Working with organisations and parishes

Sisters Hospitaller of the Sacred Heart of Jesus National Pastoral Conference -
Fotherly Hall, Shenstone April 2012

The Pastoral Care Project led training in the London, Surrey and Shenstone Care Homes of the Sisters Hospitaller of the Sacred Heart, and as a result they asked the Project to give input at their Pastoral Conference.

The Conference, attended by the Sisters, staff and volunteers from their UK Homes began with prayer led by Sister Sr Ana Ozo; followed by Sr Isobel Canton presenting the Orders Mission on Pastoral Care.



The Pastoral Care Project then led the first workshop on being a 'Pastoral Companion' (Luke 24.13-35). The second session focused on team and personal strengths to further integrate pastoral care into the day to day life of their residents.

Lunch was followed by celebrations of simple prayer experiences (drawn from Ignation Spirituality - the prayer of the senses). These were very much appreciated, everyone found them inspiring and some personally moving. The day was good, a sense of fulfillment made so, by the contribution of those present; as expressed in two of the comments.

Q. What did I receive from today? - A Volunteer

Today I received a great sense of unity, support, knowledge and devotional love shared among us. I feel revitalized and strengthened in commitment to what I volunteer to do in our home (St Augustine's, Surrey) thank you so much for inviting me, may God bless us all and keep us to follow his way.

Q. What did I receive from today? - Staff member

I received understanding of others in their daily life in a human way, and helping me in my work in the approach of the elderly people - seeing their pains, loneliness and comfort them.

The Pastoral Care Project wishes to thank the Hospitaller Sisters of the Sacred Heart for the privilege of being part of their important day.

Annual Mass Nuneaton Area Parishes 12th May
St, Anne's Chapel End. St Josephs Arley. Our Lady of the Sacred Heart Bulkington. St Francis of Assisi Bedworth and Our Lady of the Angels Nuneaton.

The Pastoral Care Project and the Pastoral Visiting Team organised the Annual Mass of Healing at Our Lady of the Angels, Nuneaton for the sick, and housebound, including residents from care homes.

The Mass was a wonderful and joyful occasion. The sense of peace exuded by those who were blessed with holy oil...time seemed to stand still as people waited to be touched by the Lord as the clergy came to the infirm where they were seated; all enhanced by the music ministry of the church choir.

The Mass was followed by lunch and entertainment in the parish hall. This year, Kate Deeming music teacher and former Project volunteer accompanied her pupil Tom Riley on the violin; Tom also played several pieces on his classical guitar.

A birthday presentation was made to Mary Downs - Fr Philip Harrop presented Mary with a deep pink orchid to mark her 96 years.

As always, the day concluded back in church with Benediction - a favourite devotion.

A special thank you to everyone who worked so tirelessly to ensure everyone enjoyed the day and went home feeling renewed.



Light Bite

For several years parishioners attending the annual mass for the sick remarked how lovely it would be to hold similar events more often. As a result of discussions with the parish priest and an appeal for parish volunteers the Pastoral Care Project helped set up lunches to follow the first Friday midday Mass each month; this way those who were not able to get out and about in the morning could come to mass and have a lunch as well.

A small charge covers the cost of the lunch - lovingly provided by the team who are ever creative with the menus and settings.

It has been running for a short time and so far seems to offer everything - mass, food and companionship.

Annual General Meeting 'Celebration of the Charity's Work –11th October 2012



The Pastoral Care Project Annual General Meeting was held in the parish hall of Our Lady of the Angels, Nuneaton. The Chair, Fr Michael Gamble welcomed everyone; and prayers were said for the sick, former volunteers and carers, including prayer requests sent to the Project.

The Chair Fr Michael Gamble presented the Annual Report and the Treasurer Kevin Goodyear presented the Annual Accounts – both the Annual Report, and the Annual Accounts were adopted.

Speakers



The first speaker of the evening was the Mayor of Nuneaton and Bedworth Cllr John Haynes; he thanked the Pastoral Care Project for their work.

He spoke of his own first-hand experience of caring for an elderly relative and understood the problem of debt incurred when many elderly have to spend approx. £600 fees per week in care homes. He spoke about how the local authority, Nuneaton and Bedworth, needed £1.6 million to fund care and respite care.



Following on, the Mayor of North Warwickshire, Cllr Lorna Dirveiks, spoke of her experience as Mayor of meeting small organisations who are supporting people, all of whom lack adequate funding. She thanked everyone for the volunteering work of the Pastoral Care Project and appreciated that the charity helps alleviate loneliness too.

The third speaker was Mrs Shelagh Tomkinson a retired teacher from Stoke-on-Trent. Her talk **'I don't Fit the Mould'** focused on her spiritual journey since the death of her husband in 2010 (photograph below).



Shelagh said she felt a sense of peace; even a few days after he had died due to her devotion to the Holy Spirit, which kept her going during this difficult time. She said, "I love my husband dearly. I believe it is an everlasting love which keeps me going."

One point she spoke about was "how do I stay alive and cope alone?" - highlighting helpful advice given to her, such as keep a diary/notebook, accepting offers of meeting with others; taking small steps and keeping occupied. One of the challenges she set herself was to fulfil the plans she and her husband had made with regard to a cruise to celebrate their 40th Wedding Anniversary, and continuing with their hobby –photography.

Her recent unexpected challenge was an invitation to do a Masters Degree in Catholic Pastoral and Educational Studies – Spirituality Dissertation on Spousal Bereavement, ...her concern of not knowing anything about spirituality was addressed by an adhoc meeting with Archbishop Bernard Longley at New Street Station; he encouraged her to contact the Pastoral Care Project.

Her talk concluded with a quotation from Emeritus Benedict XVI Spe Salvi "The one who has hope lives differently; the one who hopes has been granted the gift of new life."

The launch of Instructions for my Funeral Mass

Bishop David McGough spoke about the many topics covered in the Annual Report by saying,



“...but what binds them all together is that anyone who has a faith, is called to this Project in the person of Jesus. The whole part of being human is to reach out to others, especially the vulnerable.”

Bishop David spoke of the joy of being of service for other people and in particular the person who has Dementia. **“One of those words you don’t mention”** - highlighted by a story of seeing the lack of awareness in hospital. He went on to say **“education is central to our work – it is going to be more and more important to our work in the future.”**

Launching **Instructions for my Funeral Mass** as a national document Bishop David spoke of **“the need for people to make preparations for their funeral and actually they do feel a lot better if someone can open up the subject with them. Very often it is best if it is someone outside of their family.**

Anyone who has worked in pastoral ministry will have often found the case where someone you knew, where faith was an important part of their life. However, because of the isolation in which people often live, when it comes to arranging their funeral, if they haven’t made it quite clear the type of funeral they wish for, they can end up with a funeral that is nothing like they would have wished for and what would have expressed the person of faith and trust they were. This is a very practical way of enabling that to happen.”

“Instructions for my Funeral Mass began here in the Archdiocese of Birmingham but it is now available throughout the country and this is what we launching this evening.

It has a delightful introduction by Archbishop Vincent Nichols, Leader of the Catholic Church in England and Wales. It is so beautiful and so practical. The Pastoral Care Project wishes to thank all those who have already purchased Instructions for my Funeral Mass – an important source of income for our charity.”

Parishes, deaneries and dioceses can order copies of the document:

Telephone 01675 434035
or use the online order form at www.pastoralcareproject.org.uk



AGM - Spiritual Reflection

The Spiritual Reflection led by the Project Manager Frances Molloy drew attention to one of the commitments for 2013 – the National Week of Prayer and Awareness of Dementia 12-19th March. This had received widespread support in just three years. Frances then invited Michael Cauchi a former Carer and now Project volunteer to read one of his poems entitled **‘Dementia’** composed especially for the meeting.

Afterwards Frances Molloy introduced the hymn **Do not be Afraid**, chosen by Maria Gallagher Project admin worker; Maria felt the chorus and verses could speak to everyone.

Chorus: *Do not be afraid, I have redeemed you, I have called you by your name you are mine.*

*Do not be afraid ...of the person with dementia.
Do not be afraid ... to be vulnerable
Do not be afraid ... to visit and help
Do not be afraid... the person with dementia needs to be reminded of these words too.*

Those present were then invited to sing the hymn to conclude the meeting, which was followed by refreshments, scones and time to chat.



Thanks to everyone who supported the work of the Pastoral Care Project throughout the year, those who attended, sent donations and prayer requests and those who helped on the night. The AGM was a real celebration of twelve months work.



Our thanks to Shelagh Tomkinson the speaker for taking photographs and to Claire Duncan (above)

Fr Michael Gamble, Michael Cauchi and Pat Barrass (right)



Sheltered Housing Complexes, Nuneaton Services of Remembrance - November 2012

The Pastoral Care Project has been organising services to mark Armistice Day since 1999. It has grown year on year becoming part of the life of two housing complexes in Nuneaton - Cheverel Place, and Stan Williams Court.

These events are important and appreciated by the veterans who are no longer able to take part in the Bedworth Armistice Day Parade.

This year both services were attended by the Mayor of Nuneaton and Bedworth Cllr John Haynes and Mayoress Mrs Hilda Haynes.

The Scheme Managers and their staff always go to great lengths to ensure the day is a memorable event for everyone; veterans, local dignitaries as well as family, friends and the wider community.

The scheme managers also contribute to the service by reading the names of their deceased residents from the complexes' Book of Remembrance.



Stan Williams Court – address given by Liz Lloyd.

Liz Lloyd a volunteer with the Pastoral Care Project gave an overview of the origins of how the poppy came to be the emblem of the British Legion.

She spoke of the determination of Moina Michael who was inspired by John McCrea's poem Flanders Fields. Moina believed the poppy was a spiritual symbol... the return to peace... of those who had died; and making and selling the poppies helped those who were returning home with mental, physical and spiritual needs... She campaigned and the United States accepted the Poppy as a national symbol.

Later on a French woman by the name of Anna Guerin was inspired by Moina... resulting in a memorial poppy being launched in Britain in 1921. The telling of the story by Liz was compelling – everyone including veterans were clearly moved.

Cheverel Place Sheltered Housing

The address was given by Rev Alex Potts a retired Baptist minister with a long career in army chaplaincy.

He told the story the Yorkshire cricketer Percy Jeeves, who played two seasons for Warwickshire in 1913 and 1914 before joining the 2nd Birmingham Battalion which took him to the battle of the Somme... and how Percy's regiment sat propped against the corpse-filled muddy walls of old German trenches... taking seconds for the horrible truth to become clear. The artillery barrage had failed... as they stumbled forward, totally disorientated in the darkness, the hail of metal flying in their direction added their lives to the catalogue of those sacrificed. Percy Jeeves has no grave. His name appears on the Thiepval Memorial.

The name Percy Jeeves lives on in the novels of PG Woodhouse as Percy inspired the writer all those years ago, as he watched him playing cricket. A very moving story of how every life can unknowingly be an inspiration to others.

Warwickshire LINK ' Creating Caring Communities' Conference – 27th November 2012

Part of the Pastoral Care Project mission is to enable professional and family carers to support the frail elderly to the fullness of life. Therefore, making a contribution so that spiritual care is on the agenda of Health and Community Care is important. The invitation from Warwickshire LINK to attend the conference at the Novotel Coventry was taken up by the Project Manager, Frances Molloy, trustee Ingrid Klabisz and volunteer Rev Mike Skidmore.

Asda Community Life Fund, Nuneaton-December

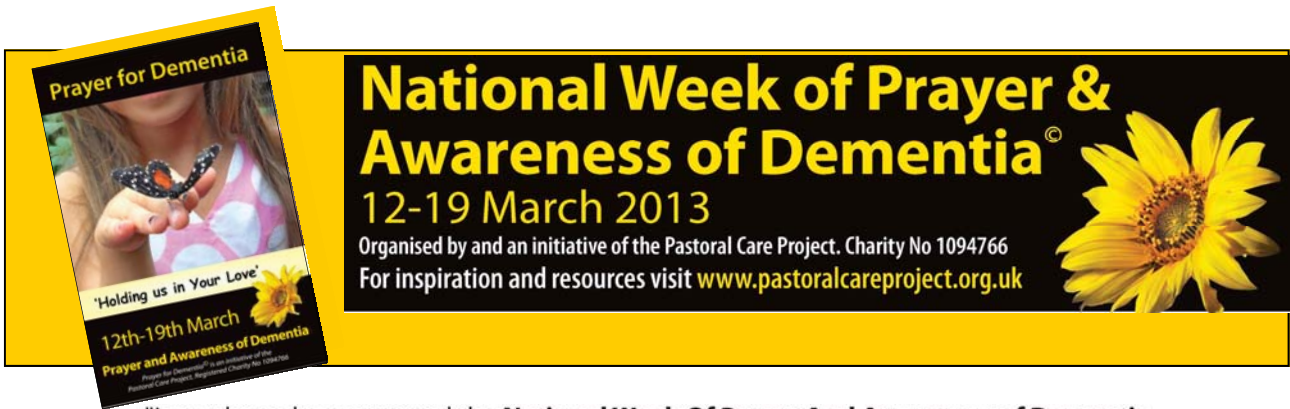
The Pastoral Care Project was chosen by Asda Community Life Fund as one of their December charities. This helped the Project to raise awareness about the charity's work and those we care about.

The high volume of customers placing their tokens in the Project's charity box within the store was a great indicator of their affinity for our work.

Communitas Project, Birmingham Jan 2013

The Pastoral Care Project was contacted by Mauricio Silva, Manager of Communitas Project in Birmingham - a Project working in partnership with the Muslim Educational Consultative Committee to develop ways of reducing isolation in their area.

After consultation the Pastoral Care Project was invited to lead a day of training and reflection for the management and their volunteers in April 2013.



Prayer for Dementia
"Holding us in Your Love"
12th-19th March
Prayer and Awareness of Dementia

National Week of Prayer & Awareness of Dementia
12-19 March 2013
Organised by and an initiative of the Pastoral Care Project. Charity No 1094766
For inspiration and resources visit www.pastoralcareproject.org.uk

"I am pleased to commend the **National Week Of Prayer And Awareness of Dementia**. Few of us can imagine the isolation, and consequent anxiety, that this affliction brings both to those who suffer and their families. Through prayer let us ground ourselves in our communion with the Lord, making ourselves one with the many who suffer and those who care for them."

Bishop David McGough, lead bishop for the Pastoral Care Project.

The 12-19th March is an important time set aside each year enabling communities to pray together and raise awareness of dementia; helping to reduce loneliness and isolation, as well as encouraging people to volunteer their time to their community.

This initiative has been gaining support since 2008. It grew from praying Luke 2 41-51 with several frail elderly people and carers. Carers identified with the story, and their own feelings of when their loved with dementia went missing. It was they who said it would be good to have a special day of prayer, and the day has become a week celebrated nationally 12-19th March, ending on the feast of St Joseph.

The specially designed Prayer Cards have been instrumental in reaching out in friendship to all ages and all beliefs. They were available in churches, chapels and care homes in many towns and cities.

So many people purchased prayer cards, too many to list individually, and many more joined in prayer using the online resources.

We would like to thank all those who worked with us in the lead up to the week by committing to specific days of prayer so that there was continuous prayer throughout the week.

Thank you to those who raised awareness and those who sent donations and piloted our new initiative Bake 'n' Share as part of fundraising and almsgiving but also to build friendships.

The Pastoral Care Project is grateful for the support of the Archbishop of Birmingham Right Reverend Bernard Longley, and many of the Bishops throughout England and Wales who prayed and promoted the event throughout their dioceses.

The Project values the support of the Catholic Media Office, Catholic Today along with the many national newspapers and magazines for promoting our new initiative of the week - Bake 'n' Share.

This section is dedicated to those who committed in February 2013 so that we could plan ahead to ensure an event was organised for each day of the week.

Tuesday 12th March

To begin the Week Fr Brian Daly offered mass in the parish of St Patrick and St Bridget's, Ballycastle N. Ireland; Prayer Cards were purchased from the Pastoral Care Project and given to parishioners, the housebound and those living in care homes. The prayer was said after holy communion each day and included in all the weekend masses.

Wednesday 13th March

St Patricks Cathedral Belfast, mass was celebrated by Fr Kevin McGuiken; prayers were included each day as well as the prayers of the faithful at the weekend masses. Prayer Cards were taken to the sick in care homes and to the housebound.

Wednesday 13th March

The United Reformed Church in Nuneaton town centre joined in the week by including it in their regular Wednesday Coffee Morning.

Rev Helga Cornel is the minister of the church and the minister for work care. She purchased Prayer Cards from the Pastoral Care Project, promoted the event throughout the week and led a time of prayer at the coffee morning. The Projects 'Bake 'n' Share' initiative was used to provide freshly baked scones for everyone and donations raised were sent to the Pastoral Care Project.



Bake 'n' Share
Scone Recipe (6-10 scones)
100g Butter, 200g Caster Sugar, 200g Flour, 1 Egg, 100g Milk, 100g Raisins
Preheat oven to 200°C (400°F). Rub butter and sugar into flour to make breadcrumb-like texture. Add egg and milk, mix to form a soft dough. Roll out and cut into rounds. Bake for 10-12 mins. Cool on wire rack. Scones are best served warm with jam or cream.

Beautiful Memories
Some of us might remember one of these things we had for dinner...
The aims of Bake 'n' Share:
- To raise funds - every £10 is made for the work of the Pastoral Care Project.
- To provide a time of prayer and reflection for the community.
- To provide a time of prayer and reflection for the community.

Be inspired!
Be generous!
Be grateful!

Gift Aid!
You can deduct a donation from your tax.

National Week of Prayer and Awareness of Dementia 12-19th March 2013

Wednesday 13th March

Bishop David McGough lead bishop to the Pastoral Care Project and local clergy celebrated mass at Our Lady of the Angels, Nuneaton. Many parishioners and those from care homes as well as the Mayor of Nuneaton and Bedworth Cllr John Haynes and Mrs Hilda Haynes joined together to pray for the 800,000 people in the UK living with a form of dementia; the vast number of carers, nurses and doctors and all healthcare professionals.



Everyone was invited to lunch afterwards in the parish hall. Many parishioners and Project volunteers were very generous in giving their time to help with the mass and lunch arrangements, and incorporating the Bake 'n' Share initiative.



A special thank you to John Hart for capturing on camera the *special moments* of anointing.

Read about St Joseph's Junior School and Our Lady of the Angels Infant School involvement - page 13.

Thursday 14th March

Christ the King Church, Kingstanding, Birmingham
Fr Eamon Corduf offered their regular hour of Adoration of the Blessed Sacrament for those with dementia, their families, professional carers and the bereaved. Prayers were included at weekend masses and Prayer Cards were purchased from the Project for the parish.

Thursday 14th March

Communitas Inter-faith Project, English Martyrs Parish Centre Birmingham promoted the Week as part of their weekly prayer/coffee morning. Using the Project resources and the Bake 'n' Share their event raised donations for the Pastoral Care Project. Their host parish English Martyrs purchased prayer cards for them to give out at the coffee morning.



Friday 15th March

St Augustine of England Solihull

Fr Dominic Kavanagh offered their regular hour of Adoration of the Blessed Sacrament to pray for those living with dementia, their families, and those working in health care. He also purchased Prayer Cards and introduced the Bake 'n' Share after the weekend masses to raise awareness and funds for the Pastoral Care Project.

Camplehaye Care Home, Tavistock, Devon

The manager organised an Ecumenical Service for their residents, families and staff which linked with their St Patrick's day celebration.

Saint Vincent de Paul St Patrick and St Bridget, Ballycastle held a Bake 'n' Share morning for the parish and to raise funds for the Pastoral Care Project.

Saturday 16th March

St Peter's RC Church, Hinckley.

Fr Frank Daly the parish priest celebrated mass and also included prayers at the weekend masses.

St Mary's, East Finchley -London

Helen Tierney, secondary school music teacher, examiner and singer with the BBC Symphony Chorus contacted the Pastoral Care Project to enquire about outreach to people with dementia; parish musicians led Songs of Praise in Fernbank Home in East Finchley. The prayer cards were given to the residents.



National Week of Prayer and Awareness of Dementia 12-19th March 2013

Sunday 17th March

Christ Church, Church of England in Coventry included prayers in their services and Prayer Cards were available to take to others in the community.

St Joseph's Church, Wroughton

The weekend masses included prayers of the faithful and collections were taken for the work of the Pastoral Care Project. They also introduced Bake 'n' Share and encouraged the local school to participate.

Monday 18th March

Cheverel Place Sheltered Housing, Nuneaton

The scheme managers and residents wanted to join in the week as a way of being part of the community. A Yellow themed day was held using the Pastoral Care Project's Bake 'n' Share, Prayer Cards, Colouring-in Prayer/Picture for children who were visiting their grandparents.

A warm welcome was extended to the wider community to join them in the activities; decorating cup cakes, making scones and chatting over a cup of tea.



Jane Bruce and Anne Haywood, scheme managers thanked the staff and residents; friends and visitors for coming along to offer their support **“everyone enjoyed the day; they were very generous and wanted to contribute to the well-being of others and we are pleased to say we raised £147.00 for the work of the Pastoral Care Project.”**

Sons of Divine Providence - UK

To mark the National Week of Prayer and Awareness of Dementia Fr Stephen Beale, Sons of Divine Providence (Orione Care), organised a Day of Prayer at Cardinal Heenan House, Upholland, Lancs, which included short talks and discussions by Age UK and Alzheimer's Society. Clergy and lay ministers from neighbouring churches led short reflections and personal prayer. There was lunch and time to socialise for everyone, before concluding the day with Mass.

Excerpt from Fr Stephen's letter to residents' families. *“On 18th March the doors of Cardinal Heenan House will be open.... I will invite residents to cook scones and tea cakes on the day because they love doing this and we now have a facility in the dining room that will enable them with the help of our staff to do this. Thanks as ever for your participation in helping us to give the residents a better quality of life.”* Fr. Stephen Beale Priest-in-charge

The Pastoral Care Project offers our special thanks to Fr Stephen Beale who first supported the week in 2011 and this year encouraged many more to take part, because in his own words, **“I have taken the dementia week of prayer and awareness to heart and the hearts of so many others are joining in too.”**

Extract from *The Bridge* - Sons of Divine Providence June 2013 (printed with permission)

“It was clear from the talks and prayer presentations everyone is affected by dementia in some way, whether having dementia or knowing or having known someone with dementia. Another fact is that everyone's story is personal and sacred and must be taken seriously and listened to attentively with empathy.

One of our residents with dementia spontaneously thanked people for their input. Another resident said, **“I can't understand what he is saying”** but then when the priest made a sweeping gesture with his arms wide open, the resident said, **“look how he is speaking from the heart”**. And this reminds us that we are all people to be respected regardless of how well our memories function. This is an annual initiative. **Why not make a note in your 2014 diary?”**

National Week of Prayer and Awareness of Dementia 12-19th March 2013

18th March— St Mary's Church, Harborne, Birmingham 'Dementia – our response'

The parish priest, Fr John Reid OSA from St Mary's Harborne, Birmingham contacted the Pastoral Care Project such as his concern for those in his community living with dementia and those caring for a family member or maybe a neighbour. Fr John had planned for the parish initiative to coincide with the National Week of Prayer and Awareness of Dementia 12-19th March and requested input from of Pastoral Care Project as the parish were already using Instructions for my Funeral Mass and the prayer cards.



The Project Manager Frances Molloy, with the support of Frances Ashley, Project trustee gave a presentation about the charitable work of the Pastoral Care Project, focusing on supporting pastoral visitors who in turn support carers and the frail elderly receiving spiritual and sacramental care - this seemed to connect with many. Those attending were then invited to reflect, share and ask questions.

The second speaker Tony Ivko a social worker with experience in dementia care spoke about the practical changes in welfare benefits and the Mental Health Act affecting social, personal and respite care; again groups were invited to discuss and give feedback.

The tea and scones (Bake 'n' Share) provided time to meet several people and hear about their personal experiences of caring and loss. It was encouraging to hear from those who were willing to help this new parish initiative get underway.

That evening, Fr John Reid and several parishioners committed to setting up a steering group for their 'Dementia– our response' initiative. The group continues to progress and meets regularly.

It is worth noting that over the years the number of parishes and deaneries who have drawn on the Project's experiences and resources setting up projects reflecting the needs of their own community.

Tuesday 19th March – All Hallows Church, Pontypridd, Wales Cardiff Diocese

Mass and anointing of the sick was celebrated by Archbishop George Stack and supporting clergy. The following extract received from a parishioner demonstrates the value of the Week of Prayer and Awareness.

"Having experienced for many years the devastating effects of dementia in my family and the suffering it causes, I found the Mass moving and poignant but also wonderfully uplifting and healing. The Sisters of St. Joseph of Annecy were present in considerable numbers, together with dementia sufferers, the sick, and their carers from across the Archdioceses.

Monsignor Robert Reardon preached eloquently, reminding us that St. Joseph was chosen by God to be the protector of the Holy Family. He shows us what it means to live by obedience and faith. He freely and fully committed himself to God. Those of us called to look after sufferers of dementia are both carers and protectors, like St. Joseph, we did not choose this path of life, but if we take him as our model and example, God will grant us the grace to carry out this vocation." Vivien Snow

Individuals - the difference made by one person

A lady called Agnes Milne contacted the Pastoral Care Project as a result of an article she had read in Faith Today about the National Week of Prayer and Awareness of Dementia. At the time Agnes and her daughter were attending a two week course run by the Alzheimer's Society about dementia awareness – Agnes has two sisters who suffer from dementia and she wanted to be as informed as possible about the illness in order to be a support to them both.

However, Agnes was concerned that although the course was very informative, it only seemed to concentrate on the physical and social needs of the person with dementia, there was no reference or appreciation of a person's spiritual needs. There were twenty or so people attending the course many of whom expressed the same concern.

Inspired by the article in Faith Today, Agnes contacted the Pastoral Care Project for prayer cards, which she gave out to those attending the Alzheimer's awareness course – everyone was pleased to receive them. Agnes then purchased additional prayer cards for those with whom she has close links.

It is amazing the difference one person can make. Our thanks to Agnes for sharing her story with us and for inspiring others to get involved.

Would you be willing to promote the week of prayer March 12-19th 2014 where you are and help to reduce the poverty of spiritual hunger of the elderly?



Schools: Assemblies Prayer Fundraising

Many families today are supporting a loved one with a form of dementia and this affects children too, so it is great that schools are joining in the national week of prayer and awareness and using our resources.

Certificates of appreciation were awarded for their generosity and kindness, and for praying and supporting our charitable work.

St Thomas More School of Technology & Sixth Form College, Nuneaton – 15th March

Mr Adam Sumner head of year 10 welcomed Project Manager, Frances Molloy and Project Volunteer Liz Lloyd to the school to lead an assembly to year 8 pupils. During the presentation several pupils shared their stories of a family member with dementia, which was a very moving. The assembly

was the day after the election of the new pope - Pope Francis. We drew inspiration from his model of how to pray, which received a wonderful response as the pupils sat in silence before praying for those with dementia including their own family members; concluding with the Project's own prayer. Their pledge of a donation of £300.00 gratefully acknowledged.



Our Lady's Primary School, Princethorpe, Warwickshire 12th March

A special thank you to Mrs Margaret Patrick head teacher, for her encouragement and support in the early development of the week of prayer and resources. Thanks to the pupils and parents who have been supporting the charitable work of the Project for several years. This year as part of the week of prayer and almsgiving they sent the Pastoral Care Project a donation of £200.00.

St Joseph's Junior School and Our Lady of the Angels Infants School, Nuneaton Mass for the Pastoral Care Project

The two schools named above worked with the Pastoral Care Project in providing the music for the mass, including the Year of Faith hymn, – our thanks to teachers Mrs Caldwell, Mrs Hawley and to the organist Barbara Watson for their time and support. The classes benefited from seeing the sick receiving the sacrament of anointing, which in turn helped them with their religious education.

John Henry Newman Catholic College - Birmingham 14th March

Mrs Sonya Thomas Strategic Head of Catholic Life was contacted by the Project regarding the Week of Prayer and the Pastoral Care Project was pleased to be invited to lead an assembly with year eight pupils in the academy's auditorium.

A very warm welcome was received along with support from the IT Dept. Mrs Thomas joined in the assembly and towards the end invited all present to pray for the Project and those with dementia as well as carers by joining in the Project's Prayer. Feedback has been positive with plans in progress to contribute to a lesson plan at a later date.

Notre Dame High School, Norfolk

School assemblies 12-19th March
The schools deputy head, Neill Cully used the Pastoral Care Project Prayer video link in assembly every day. This contact was the result of support from the CBCE&W Mental Health Project.

call from Mr Ben Taylor deputy head teacher one Monday morning was a wonderful surprise especially when he said that the Pastoral Care Project was one of the schools chosen for Lent charities and enquiring if we could give an assembly during the week of prayer. The Project Manager was delighted to lead the full assembly to five hundred children and their teachers; a first experience of addressing such a large number of people outside of church, but made easy by their warm welcome. The pupils were so attentive and their participation in the assembly and in prayer was very touching. The school pledged to donate £500.00 to our charitable work.

The prayer picture on the right was sent to us by Sophie aged five; the Pastoral Care Project is so delighted to have received it - highlighting her artistic skills and her act of kindness.



Many care homes and parishes used this colouring-in prayer picture for grandparents to give to their grandchildren and for children's liturgy. It can be downloaded from the website.

Schools (continued)

Links with agencies and organisations

St Joseph's Primary School, Wrightington -15th March

Contact came about as a result of the Parish purchasing Instructions for my Funeral Mass and prayer cards. They passed information on to their school who joined in with the parish for the week of prayer and awareness of dementia. They used the online resources and raised £79.00.

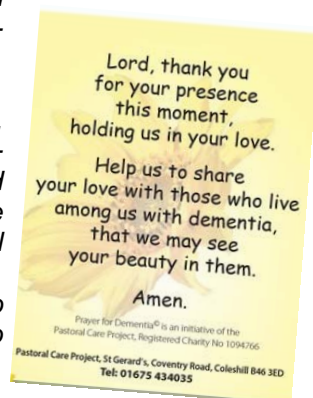
Our Lady of the Angels Infant School, Nuneaton June 2013

A YELLOW day was organised by Mrs Hawley, the religious education co-ordinator of the school to raise awareness of dementia and funds for the Pastoral Care Project's charitable work.



"It was a wonderful day, and great fun," said Mrs Hawley. "The children were invited to come to school wearing something yellow, and the teachers enjoyed dressing up in costumes, including Mrs Wroe, who appears in the photo wearing a banana costume."

On a more serious note, in the lead up to the assembly, each class used the yellow candle provided by the Pastoral Care Project to pray together for people who have dementia and to remember their families."



This YELLOW day came about from the visit by the charity manager Frances Molloy and Project volunteer Liz Lloyd, who came to lead the school assembly during the National Week of Prayer for Dementia back in March and the school promised to arrange a special Yellow Day then. The Yellow day event raised £164.00 for the Pastoral Care Project.

Catholic Bishops' Conference of England and Wales (CBCE&W)

The Pastoral Care Project acknowledges the support from the Catholic Bishops' Conference of England and Wales especially in regard to their approval of Instructions for my Funeral Mass as a national document. The Project is grateful for their support in helping us establish the week of prayer and awareness of Dementia through a grant from the Day for Life Funds in 2010 and their ongoing support since.

Catholic Bishops' Conference of England and Wales - Mental Health Project.

The Pastoral Care Project continues to come under the umbrella of the CBCE&W - Mental Health Project and the Co-ordinator Gail Sainsbury has promoted resources and events including the week of Prayer and Awareness of Dementia 12-19th March.

Mental Health Matters - Church of England

The Church of England launched their national *Mental Health Matters* project in 2012 and has included the Pastoral Care Project on their website as a link for resources - www.mentalhealthmatters.com

Caritas CSAN

The Pastoral Care Project has a long standing link with Caritas going back to 1997; having led many workshops and spoken at their conferences.

The Pastoral Care Project also contributed to their DVD *It's Still me - Lord*. The speakers from the Project were Frances Molloy Manager - Collaborative Ministry, Fr Michael Gamble, Chair - Parishes and Dementia and Glenys Roberson Musician - Music Ministry and End of Life Care.

Parish Pastoral Visiting Team, Our Lady of the Angels, Nuneaton

The Pastoral Visiting Team which was set up in 2008 continues to offer home visits to the bereaved and those not able to get to mass who also may wish to receive a visit. The volunteers visit in twos and it is a wonderful way of helping people to feel part of the parish over and above the visits by ministers of Holy Communion. Visits ease loneliness and develop confidence which is crucial following bereavement or after a long illness. The benefit for the volunteers is that they grow in confidence too; new friendships are formed and the people visited appreciate a few moments for prayer.

A parish initiative like this is straightforward to set up; please contact the Pastoral Care Project for further information.

Resources: Formation Education Health and Wholeness

The Pastoral Care Project resources are drawn from experiences since 1994 when the Project first began its pioneering work among the frail elderly.

Regular contract work visiting the frail elderly and their families, at home or in care settings and responding to their pastoral needs; assisting with leading services and often planning funeral services and where a priest was not available, but with his blessing receiving the coffin into church.

The resources offered by us may be helpful for those involved in liturgy and pastoral care.

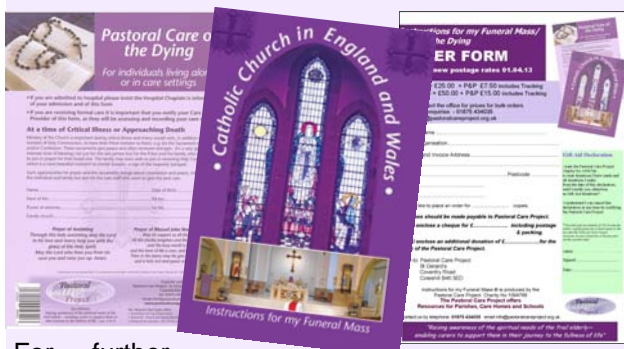
- Lay, religious & ordained ministers
- Care Home Organisations
- Providers of Care at Home
- Occupational and Music Therapists
- Funeral Directors
- Schools

**Instructions for my Funeral Mass/
Pastoral Care of the Dying Document ©**

Since the launch of the document nationally in October 2013 many dioceses and parishes throughout England and Wales; Isle of Man, Jersey and Guernsey have been contacting the Project to purchase copies.

Several dioceses have featured Instructions for my Funeral Mass in their own newspapers which brought about responses from individuals. Many of whom express their longing to go to mass and their frustration of feeling out of touch. Many are frail and others have caring roles; others express their sense of anxiety of not receiving the sacraments or a funeral mass.

This feedback is alarming. Thankfully the number of parishes ordering copies is increasing - those who have bought supplies re-order; such is the demand.



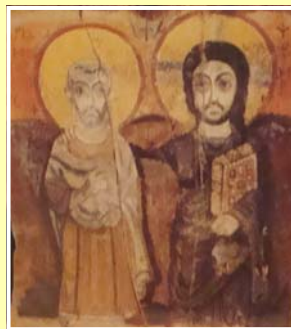
For further information visit our website or Email info@pastoralcareproject.org.uk

Pastoral Companions© - Luke 24: 13-25

The Pastoral Care Project is indebted to the parishes and deaneries who have drawn on the Project's resources to set up their own projects, we have valued working with them and consider them as pastoral companions.

Read the Annual Review 2011-12 online about the weekend retreat in Bridgend Deanery South Wales.

Pastoral Companions -Growing in Christ being a person for others.



This is a gentle journey growing in Christ in ones own life and within a faith sharing group. It has helped with the formation of one deanery. Rooted in the gospel it touches the heart of each person and from there they respond to the Spirit and to others.

As they grow in prayer, action and reflection they grow in confidence in pastoral ministry and become a blessing to those they visit and to their parish.

Days of Reflection

The Pastoral Care Project team have been leading days of reflection for many years, now with particular concern for Carers and with those who visit and take Holy Communion to the sick.

Below are a few of the themed days:

- The Lord is my Light and My Help***
- The Beauty of Inner Peace***
- Seasons of the Heart***
- Sharing the Burden of Caring***
- The Sacredness of the Human Heart***

Would your parish, deanery or retreat house be willing to host a day of reflection?

The Project team would be willing to assist.

Should you be considering a day of reflection for Eucharistic Ministers for your parish or deanery we would be happy to support.

Carers are in need of respite whether it is a few hours or a couple of days - can you help?

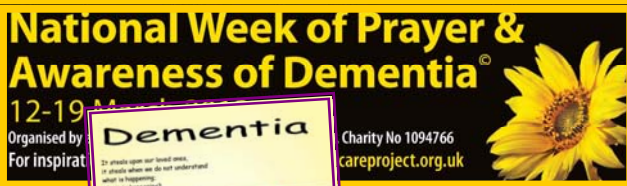
Telephone Frances Molloy 01675 434035 email francesmolloy@pastoralcareproject.org.uk

The Pastoral Care Project has a wide range of resources which can be adapted to the needs of each organisation and parish.

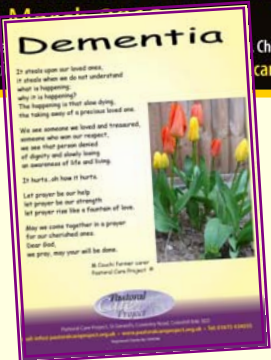
www.pastoralcareproject.org.uk

Resources: Formation Education Health and Wholeness

Support the Week of Prayer 12-19th March 2014



Will you commit to one day and one event?



The message of Bake 'n' Share is simple - it stimulates all the senses:

- Thought - organising ingredients
- Touch - rubbing together flour and butter
- Smell - freshly baked scones
- Sight - beautiful scones
- Emotion - the joy of sharing
- Taste – delicious when shared over a cup tea

The annual national week of prayer and awareness of dementia has grown year on year – thanks to so many people from Britain and Ireland for hosting events and joining in.

A variety of resources are available to download from the website www.pastoralcareproject.org.uk

New resources available for March 12 - 19th 2014.

Would you be willing to commit to one of the days during the week and organise an event where you work or live?

A great way for regaining confidence, renewing strength after illness, stroke or disability

Read more on page 17.



VOICE and SINGING Café
Sounds and Senses

These courses have been designed with the help of Pastoral Care Project volunteers experienced in the performing arts and a music therapist with over twenty five years experience working for the NHS in the area of dementia.

How do people, including those with dementia respond?
We don't always know but we do recognise when people are experiencing peace or pain.

SINGING Café - Sounds & Senses and Voice Café are interwoven into everyday living. The tone of the human voice can soothe or distress, which may effect the inner mood.

The noise of our surroundings can be unsettling as can the sound of music which is not of our personal choosing. What choices are offered to those who are vulnerable?

What support is offered for people who experience unhappy memories evoked through group music? These courses or awareness presentations may be valuable to those working in the care profession and supporting vulnerable people.

Comment: **"Music - it opens one mind and stimulates the senses, I have long seen the need for a day such as this - thank you."** Pastoral Care Project SINGING Café - Sounds and Senses Seminar 2009.

"Therefore it is not surprising that the hymn/songs 'learned by heart' when young flow back into the memory and refresh the spirit." Project Annual Report 2006-7

The Pastoral Care Project is willing to come to your parish/deanery, school or care home to share a day together; learn and inspire each other to be more creative in reaching out into our communities. These courses can be incorporated into Pastoral Care Training - Certificates awarded for a full day course.



Reflection on I. Kings Ch 17

Back in December 2012, I was led to read **I Kings Ch 17** The text where Elijah asked the widow to 'make him a scone' spoke to my heart. Then one cold dark day in late January as I was recovering from a very bad flu and felt I needed to do something but what? I had little energy - it was then that I was drawn again to the passage about Elijah. This inspired me and I thought to myself that I might just have the energy to make a few scones. Which I did and it was a wonderful experience, however, as I have a wheat allergy I couldn't eat them myself, but sharing them with my family was lovely; one of my sons who lives close by later commented on his Face Book page how lovely they were and his excitement at receiving home made scones from his mum.

I was sharing this experience with Canon Edward Pogmore, Healthcare Chaplaincy Team Leader at George Eliot Hospital. I have known Edward since 1990; he has always been so supportive and an inspiration. This story struck a chord with him and he kindly shared his story with me when he told me, ***"Some of my brightest memories are of my Mum Mary baking in our kitchen... we had a stove next to the open fire where the winter pikelets would be shared. When mum went through the first frustrations of Dementia she expressed the need to make her beautiful scones. To safely negotiate her original recipe a volunteer came once a week and the culinary smells permeated her flat again and her satisfaction of contributing again sustained her sight and self esteem"***.

From there the idea of Bake 'n' Share grew and I tried it out at our trustees meeting as part of the fellowship. The sense of surprise, the socialising; everyone felt more relaxed and uplifted after their long day, much better than the usual tea and biscuits. As I continued to ponder this I realised the joy of sharing in this way and the potential of the story of Elijah - that Bake 'n' Share could be one way of helping people to join in; a way to overcome illness, isolation, fear and grow in friendship.

Whilst cake-making can often be an art form and expensive, requiring great effort, baking scones is just so simple, for as little as a few pence each. Scones are suited to most diets and those who are giving up sweets and cakes for lent need not miss out. It is also a wonderful school activity or even part of a lesson plan.

Many of the those I spoke to about it were willing to join in the National Week of Prayer and Awareness of Dementia 12-19th March. They were happy to incorporate Bake 'n' Share into their regular charity event for the Pastoral Care Project. In the words of Elijah to the Widow 'Make me a scone first' was explained thus; if a parish or organisation took part to raise funds for the Pastoral Care Project annually each March and join in the Week of Prayer then we were more than happy for them to continue the Bake 'n' Share event regularly to raise funds for themselves in order to bring people together who may be housebound and draw on their experience of baking and such skills - after all who can resist freshly baked scones?

The SVP in Ballycastle Parish (page 10) have shared this story with me. For many years the SVP have been working with the local care homes who provided a venue whereby the housebound were offered hospitality one evening per month throughout the winter. The evenings consist of transport being organised, food being prepared and a variety of stimulating entertainment. This was one of the reasons why they committed to organising a Bake 'n' Share event and raise funds for our work—it fitted in so easily with their regular event.

Closer to home, one lady shared her experience. She took up the idea and decided to make scones for an elderly neighbour who was ill in bed for several months, her husband was feeling rather low too. The surprise on his face on opening the door and being handed freshly baked scones; he was overjoyed to think that someone had gone to so much trouble to think of them.

It is interesting the number of Bake 'n' Share events that raised £51—this reminds me not to be asking for large donations but to ask for a share of what is available for people with dementia.

The story of Elijah still inspires me - in these difficult times God still provides. I invite you to read I Kings Ch 17 and I would love to hear from you and hear how this story touches your life.

Frances Molloy

Project Manager

Finance and Funding

Treasurer's Report



The Pastoral Care Project continues to be grateful for the financial support received from many sources. This support enables the charity to continue developing resources for use locally and nationally by churches, organisations and individuals as well as enabling us to continue in our mission of raising awareness of the spiritual needs of the frail and elderly who are often isolated.

We are indebted to the support from the Roman Catholic Diocese of Birmingham, Father Hudson's Society and the parishes of Nuneaton and surrounding district, including Coleshill, for their long-term generous financial support to the Pastoral Care Project.

Grants account for 72% of our annual funding but the Project continues to struggle to source additional funding. This is due to the ongoing uncertain economic climate as well as the impact of cuts in funding for older people. We must therefore appeal once again to your generosity to help us to continue supporting the most vulnerable people in our communities.

In addition to the income provided by our main funders, we must acknowledge the importance of the income generated through the sale of our resources, in particular, the Instructions for my Funeral Mass document, which is available nationally in England and Wales. Personal donations, funeral legacies, gifts at the AGM and donations sent to us by those taking part in the National Week of Prayer and Awareness of Dementia 12-19th March are also vitally important and a sure sign of the effectiveness of our work.

Expenditure over the year has been carefully managed and a review of staffing levels has resulted in the Project Manager working 3 days per week instead of 4 and the Admin worker increasing from 12 hours to 18 hours per week. Development and investment in the new website, including the setting up of PayPal was a significant but vital item of expenditure this year, which will continue to benefit the Project for many years to come through reduced support and promotional costs, providing easily accessible resources, payments via PayPal and the email facility.

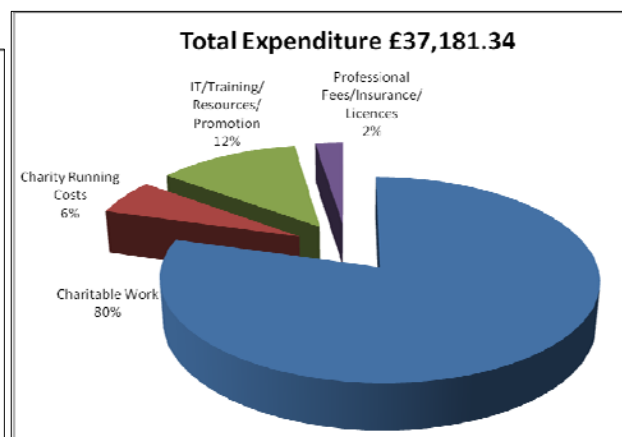
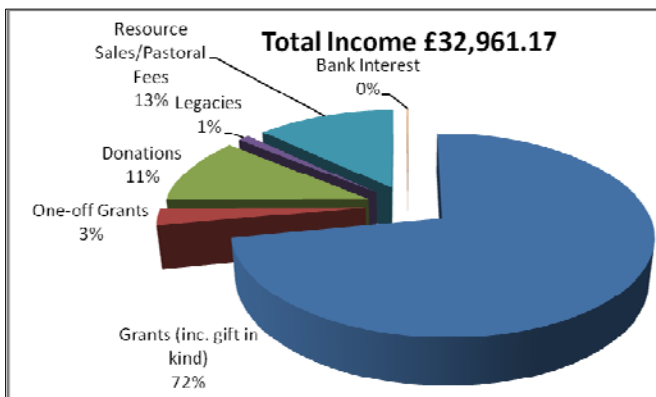
Close scrutiny of the accounts is a regular feature of the Trustee Meetings and will continue to be so for the foreseeable future. Overall, the income of the Pastoral Care Project is down by almost £5,500 on the previous year and a balance of £16,115.75 is carried forward. Therefore, the financial operation of the Project remains tight and the generation of additional income over and above that obtained from grants and fees is crucial to the survival of the Project.

In 2014 the Pastoral Care Project will be required to relocate its office base due to the re-development of the Father Hudson's site. There will be cost implications to this as some updating of equipment and office furniture will be required. If anyone would like to contribute or help cover the costs of this, it would be a noteworthy way of supporting the Project

The Project relies heavily on the free provision of services, skills, time and the compassion of the unpaid volunteers and is eternally grateful for their dedication, support and care. The Project is always pleased to welcome people with various skills to help with the schools initiative, administration, or with photography/video expertise or on the Board of Trustees.

Our Lord's love for those in need and for those who care never fails. The Lord has given the Project so many graces and we pray that he will continue to pour out his graces on us all and enable the Pastoral Care Project to continue His valuable work.

Kevin Goodyear
Treasurer



**OUR MISSION - Raising awareness of the spiritual needs of the frail elderly-
enabling carers to support them in their journey to the fullness of life. - Luke Ch: 4 18-19**

**PASTORAL CARE PROJECT
Accounts
31 March 2013**

**Beasley & Co.
Chartered Accountants
Abbey House
105 Abbey Street
Nuneaton
Warwickshire
CV11 5BX**

PASTORAL CARE PROJECT

Charity Information
31 March 2013

Charity Trustees

Rev Michael Gamble (Chair)
Kevin Goodyear (Treasurer)
Rev Philip Harrop (Vice-Chair)
Helen Hawley (Secretary)
Ingrid Klabisz J.P.
Frances Ashley
Rev Kevin Kavanagh

Reporting accountants

Beasley & Co
Chartered Accountants
Abbey House
105 Abbey Street
Nuneaton
Warwickshire
CV11 5BX

Bank

The Cooperative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Charity registered number

1094766

Pastoral Care Project

Receipts and Payments Account for the Year Ended 31st March 2013

£		£
19,323.69	Balance at Bank, 1 April 2012	20,335.92
33,346.70	Receipts: Grants and Donations	28,679.13
5,037.93	Resource sales and Pastoral Fees	4,255.30
29.19	Bank Interest	26.74
38,413.82		32,961.17
2,248.90	Payments: Equipment and Resources	4,021.49
28,745.90	Wages - Project Manager and Part Time Assistant	27,080.35
2,200.00	Office Rent and Services (In Kind)	2,200.00
649.79	Telephone	720.37
637.24	Postages and Stationery	1,293.64
671.00	Insurance	242.18
134.44	Internet	46.13
101.00	Subscriptions and licences	103.00
662.69	Travelling Expenses	459.20
118.23	AGM and Events costs	274.53
714.00	Promotion Expenses etc	241.25
518.40	Accountancy	499.20
37,401.59		37,181.34
20,335.92	Balance at 31st March 2013	16,115.75

PASTORAL CARE PROJECT

Independent Examiners Report to the Trustees of the Pastoral Care Project Trust

I report on the receipts and payments account of the Trust for the year ended 31 March 2013, which is set on page 2.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts; you may consider that the audit requirement of section 43(2) of the Charities Act 1993 (the Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43 (7)(b) of the Act, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

in connection with my examination, no matter has come to my attention:

which gives me reasonable cause to believe that in any material respect of the requirements to keep accounting records in accordance with section 41 of the Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act.

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Beasley & Co.
Chartered Accountants

Funding, Donations and Online Shopping

The Pastoral Care Project is ever grateful to God and his provision through our main funders and the number of churches and individuals who send donations. Every donation received is a valuable gift. We respect the anonymity of individual donors.

The letters we receive from individuals is humbling and a reminder to us of how dearly they value and feel a sense of belonging through being part of the work and mission of the Pastoral Care Project.

Main Funders

- Roman Catholic Archdiocese of Birmingham
- Father Hudson's Society, Birmingham
- Our Lady of the Angels, Nuneaton
- St Anne's, Chapel End Nuneaton,
- St Joseph's, Arley, North Warwickshire
- Our Lady of the Sacred Heart, Bulkington.
- St Francis of Assisi, Bedworth
- Sacred Heart and St Teresa, Coleshill

One off Grants

- Coalfields Regeneration Trust

Pastoral Fees

- Hospitaller Sisters of the Sacred Heart
- Stan Williams Court, Nuneaton
- Cheverel Place Sheltered Housing, Nuneaton
- St Mary's Parish Harborne, Birmingham

Legacy and Funeral Donations

- Thompson family, Birmingham
- Daniel Ross Funeral Directors
- Thomas Ely & Sons Funeral Directors on behalf of a family who wish to remain anonymous

Donations over £50.00

- St Nicolas Parish Church, Nuneaton
- St James' Church, Weddington Nuneaton
- The Sisters of La Retraite West Midlands
- Mary, Mother of the Church Rugby
- Our Lady of the Angels Coffee Morning Group
- Christ the King Alfreton
- Asda Community Fund Nuneaton
- Parkes Office and Events Bedworth

Gift Aid

The Pastoral Care Project is registered for gift aid. Gift aid can also be applied when making online donations through our PayPal account. £225.00 was eligible for gift aid of £56.25 in 2012-13.

Your Donations

The National Week of Prayer and Awareness of Dementia 12-19th March 2013

Schools, Religious Orders, Churches, Organisations

- St Joseph's Primary School Wrightington
- Our Lady's Primary School Princethorpe
- Our Lady of the Angels Infant School Nuneaton
- Cardinal Newman School Pontypridd
- Sisters of Nazareth, Crosby
- Sons of Divine Providence, Upholland

Those who raised funds using the Bake 'n' Share initiative;

- *St Joseph's Church, Wrightington*
- *St Augustine of England RC Church, Solihull*
- *Parish of Alfreton & Clay Cross*
- *SS Patrick & Bridget RC Church, Ballycastle,*
- *United Reform Church, Nuneaton*
- *Nuneaton area mass donations*
- *Communitas Project, Birmingham*
- *Cheverel Place sheltered housing, Nuneaton*

In addition many parishes and individuals who purchased prayer cards also sent additional donations between £5.00 and £15.00 which is very much appreciated—there isn't space to list each individual donation but they are all greatly appreciated.

Online Shopping and Donations

The Giving Machine

The Giving Machine is an online shopping site which donates cash back to charities. It is easy to register. 1. Register. 2. Select the Pastoral Care Project as your chosen charity. Shop from the list of retailers. They donate to us at no cost to you and they do not divulge your purchases.

Remember - login to the Giving Machine each time you shop online.

This year seven shoppers donated just over £40.00 which will be paid in April 2013.

PayPal

The new website www.pastoralcareproject.org.uk now has the PayPal facility which makes it easier to donate or purchase resources. A few people have been using it proving it is functioning efficiently and securely.

Continuing our vision

The vision of the Pastoral Care Project is as important now as it was in 1994 when our pioneering work began. The Pastoral Care Project mission is deeply rooted in Luke 4.18-19:

*The spirit of the Lord is upon me because he has anointed me;
He has sent me to bring good news to the poor,
to proclaim release for prisoners and recovery of sight for the blind;
to free the broken-hearted and to proclaim the Lord's year of favour.*

In the words of Pope Francis **"If we really want to follow Jesus, we must 'live life as a gift' to give to others, not as a treasure to be kept for ourselves."**

We appeal for your continued prayer support.

Below are just some of the ways of joining with us as we work together for the frail elderly.

Instructions for my Funeral Mass

Promoters needed in parishes and to offer assistance to those who may require assistance in completing the form.

Lent appeal

Pray, share and give alms (Bake 'n' Share) for the charitable work of the Pastoral Care Project.

Funeral Donations/Legacies

Please remember the Pastoral Care Project in your will or funeral donation.

National Week of Prayer and Awareness of Dementia 12th - 19th March 2014

Will you say 'Yes' and sign up to create an event where you live or work - online resources available.

Join our Team

People with experience in prayer guidance required to help with Days of Reflection.

Schools

Hold an awareness assembly and fundraising event (**yellow day – day of hope**).

Retreat Venue

Venues are required for Days of Reflection (the Pastoral Care Project only has a small office base).

Volunteers

People required with experience in media, events organisers and promoters.

Financial support

Donations can be given at any time of the year and are always most appreciated.

Bake 'n' Share initiative throughout the year.

Many resources available to help with building friendships and enabling volunteers.

**Please contact the Pastoral Care Project on 01675 434035
or email info@pastoralcareproject.org.uk to discuss your ideas and how we can work together**

Donations

Donations can be made monthly, annually or as often as you choose.

Should you wish to pay by internet we have a PayPal facility or if you wish to use telephone banking please contact the Pastoral Care Project on 01675 434035 for the relevant bank details.

Cheques should be made payable to the Pastoral Care Project and sent to:

Project Manager,
Pastoral Care Project,
St Gerard's,
Coventry Road,
Coleshill B46 3ED



Registered Charity No 1094766

GIFT AID

The Project is grateful to individuals who send us donations. If you are a tax payer and sending a donation you may wish to complete the Gift Aid form so that the Project can reclaim tax from the Chancellor of the Exchequer.

Pastoral Care Project – Registered Charity No 1094766

Gift Aid Declaration

Title _____ Name _____

Address _____

Postcode _____ Telephone _____ e-mail _____

I want the Pastoral Care Project to treat donations I have made and all donations I make from the date of this declaration, until I notify you otherwise, as Gift Aid donations*. I understand I can cancel this declaration at any time by notifying the Pastoral Care Project. *You must pay an amount of UK income tax and/or capital tax gains at least equal to the tax that the Pastoral Care Project reclaims on your donations in the current tax year .

Signed _____ Date _____

Post to: Project Manager, Pastoral Care Project, St Gerard's, Coventry Road, Coleshill B46 3ED

Thank you for considering our work.

OUR MISSION - Raising awareness of the spiritual needs of the frail elderly-
enabling carers to support them in their journey to the fullness of life. - Luke Ch: 4 18-19

Office

Pastoral Care Project
St Gerard's Coventry Road,
Coleshill B46 3ED

Telephone 01675 434035

www.pastoralcareproject.org.uk email info@pastoralcareproject.org.uk



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