



Our Mission

"To raise awareness to the spiritual needs of the frail elderly – enabling carers to support them in their journey to the fullness of life."

• SPIRITUAL CARE • RAISING AWARENESS • REFLECTION • ONE TO ONE SUPPORT •

Registered Charity No 1094766

**Raising awareness of the spiritual needs of the frail elderly-
enabling carers to support them in their journey to the fullness of life.**

ANNUAL REPORT

1st April 2010 - 31st March 2011

“Older people – a blessing for society”

Pope Benedict XVI UK September 2010

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*"Raising awareness of the spiritual needs of the frail elderly –
enabling carers to support them in their journey to the fullness of life"*

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CHARITABLE OBJECTIVES

The Charity will work from a Christian ecumenical base for the relief of people who are aged, ill or disabled, especially those with dementia related illness

- a) the provision of pastoral care for such people and their carers.
- b) raising public awareness of issues relating to people with dementia and their carers.

Mission Statement

Raising awareness of the spiritual needs of the frail elderly –
enabling carers to support them in their journey to the fullness of life.

Inspired by Luke 4.18-19

The spirit of the Lord is upon me because he has anointed me;
He has sent me to bring good news to the poor,
to proclaim release for prisoners and
recovery of sight for the blind;
to free the broken-hearted and
to proclaim the Lord's year of favour.

Pastoral Care Project – how it began.

It may be helpful as a first time reader to know of the Pastoral Care Projects' beginnings.

The Pastoral Care Project began in 1994, as a result of Frances Molloy now Project Manager, meeting with a lady in an EMI (Elderly and Mentally Infirm) Ward at the local George Eliot Hospital in Nuneaton, while visiting as a church volunteer in 1989. The lady had a form of dementia but was also blind and yet seemed to have an awareness, which captured Frances' attention.

At the time, Frances was training as a Spiritual Director (Light Out Of Darkness – Sr Kathleen O'Sullivan SSL) and the theme of the programme that particular week was 'finding God in my weakness'- the relevant scripture being Romans 8.26-27. This lady with dementia made Frances aware how special and unique each person is and that weakness can be strength.

The lady visited was instrumental in this Project taking off because no-one had recognised that she too had a spiritual life, which was overlooked on medical assessment. Frances never knew the lady's name; the lady could not remember what it was – and yet she had this great awareness of God and others.

We value the support from our funders...



Father Hudson's Society



RC Diocese of Birmingham
Nuneaton & Coleshill area Parishes



Nuneaton and Bedworth
Community Dev Fund



Bishops' Conference of England and Wales
Mental Health Project 2010 - 2011 Day For

BOARD OF TRUSTEES

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Rev Michael Gamble

Parish Priest, Our Lady of the Sacred Heart, Bulkington
Officiating Chaplain to the Armed Services

Vice-Chair

Rev Phillip Harrop

Parish Priest, Our Lady of the Angels, Nuneaton
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Mrs Helen Hawley

Religious Education Co-ordinator Our Lady of the Angels
Infant School, Nuneaton
Pastoral Care Project – Awareness & Training

Mr Nicholas Roy

Solicitor

Miss Ingrid Klabisz J.P

Nurse Manager
Pastoral Care Project – Pastoral Visitor/Awareness & Training

Mrs Frances Ashley

Teaching Assistant
Pastoral Care Project – Pastoral Visitor/Awareness & Training

Dr June Todd

Retired General Practitioner
Pastoral Care Project Volunteer- Awareness & Training

Rev Kevin Kavanagh

Parish Priest, Sacred Heart and St Teresa, Coleshill
Chair of Coleshill Christians Together

Employees

Mrs Frances Molloy

Project Manager,
Retreat Leader/ Prayer Guide. Eucharist Minister & Reader

**Mrs Maria Gallagher
Mrs Joanne Metcalfe**

Administrative Assistant
Project Assistant

Volunteers

Total 22

Office

Pastoral Care Project
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Coventry Road,
Coleshill B46 3ED

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www.pastoralcareproject.org.uk

PROJECT ORGANISATION

Office

The Pastoral Care Project office is based within the campus of Father Hudson's Society, a very important and valuable gift in kind from the Society - for which the Project is extremely grateful.

Trustees

There are currently nine trustees who bring to the board a wide range of experiences and expertise. Throughout this report, reference will be made to trustees who have been involved with training and awareness at conference level; in visiting schools and care homes.

Reverend Richard Hughes retired from the board of trustees as Vice-Chair at the AGM in October 2010. Father Phillip Harrop was elected to succeed Richard (Hughes) as Vice-Chair and Rev Kevin Kavanagh from Coleshill was welcomed on to the board as a trustee.

Staff

Funding for one year was received from Porticus UK in 2009 to employ two part time office staff. This funding has come to an end and so the position of the part-time staff changed to that of relief workers. Funding applications take months to complete without any guarantee but thankfully donations, small grants and the Project Manager taking a reduction in hours has helped with the salary costs in the interim period.

The part-time post of the Project Assistant held by Joanne Metcalfe, ended on 31st March 2011 as Joanne Metcalfe went on maternity leave. Unfortunately, new funding was not forthcoming so the Project has not been able to re-advertise the post.

The part-time post of Administration Assistant officially ended in January 2011 for Maria Gallagher. However, with careful management of the finances by the trustees, the Project was able to offer Maria continued work, but on a relief basis. Maria is very committed to the Pastoral Care Project and so was willing to continue to work on a relief basis until secure funding is received.

Both the Admin and Project Assistant have made a considerable difference to the development of the Pastoral Care Project. This has helped with the production of resources; particularly those used in schools which has enabled the Manager to devote more time to leading training and raising awareness at diocesan, local and national level. Their overall input has increased the awareness of the spiritual needs of the frail elderly, resulting in more help being offered for the benefit of many more people.

Annual General Meeting

14th October 2010 – Our Lady of the Angels Parish Hall, Nuneaton

Seventy people attended the eighth Annual General Meeting of the Pastoral Care Project.

The Chair, Fr Michael Gamble welcomed everyone before leading prayers for the sick, former volunteers and carers. He also included prayers from the Project's websites 'pray for' and 'in memory of' pages.

The Chair presented the Annual Report and the Treasurer presented the Annual Accounts – both the Annual Report, and the Accounts were adopted.

Following the Project business there were talks given by; Mayor of Nuneaton and Bedworth Councillor Don Navarro and Pastoral Care Project Volunteer Doreen Harvey. The spiritual reflection was led by retiring trustee - Vice Chair Rev Richard Hughes. The Project Manager gave a presentation on future commitments.

After the meeting the evening concluded with homemade soup and freshly baked rolls – provided by Roland and Marilyn Depit. It was gratifying to see everyone stayed to chat whilst enjoying the soup, providing a great end to a marvellous evening.

The Pastoral Care Project appreciates the generosity of those who donated at the AGM – total £119.20.

CHAIRMAN'S REPORT- Fr Michael Gamble

"Older people – a blessing for society"

"Long years of life afford us the opportunity to appreciate both the beauty of God's greatest gift to us, the gift of life, as well as the fragility of the human spirit".(Pope Benedict XVI - St Peter's Residence, Vauxhall, Saturday 18 September 2010)

These words spoken to us by Pope Benedict XVI during his visit to our country in September 2010 give us great encouragement in recognising the importance and the need for our work with the frail elderly and their carers. The Pope went on to say, ***"It is important to recognise the presence of growing numbers of older people as a blessing for society. Every generation can learn from the experience and wisdom of the generation that preceded it. Indeed the provision of care for the elderly should be considered not so much an act of generosity as the repayment of a debt of gratitude... to place all that we have personally been and done before the mercy and tenderness of God"***.

Since the humble beginnings of the Pastoral Care Project in 1994 and achieving charitable status in 2002, the Project has very successfully been able to support people with dementia and their carers in their time of need and to recognise the frail elderly as a blessing. Now in its tenth year, the Project enthusiastically moves forward to continually give its time to all those who call on its resources, to gain a deeper understanding; to encourage and to enable the person with dementia to express in whatever way that they find possible the thoughts of their hearts.

"Project is now a necessary resource for the Birmingham Archdiocese and beyond"

So much has evolved and been learned from those early days by all involved in the Pastoral Care Project. Among the most inspirational are the life stories of those we support giving us encouragement and vision for the future. The Project is now a necessary resource for the Birmingham Archdiocese and beyond. It was awarded a grant from the Bishops' Conference of England and Wales Mental Health Project, -*"Day for life"*, to take our mission into Schools at the invitation of the Birmingham Diocesan Schools Commission and the Religious Education Department. Whilst much of the Projects' experience and resources are sought after by the Catholic Church and their agencies, the ecumenical focus is growing. This is reflected in the workshops that were given at the Church of England Synod and Birmingham Anglican Diocesan level.

To the future. We look for sponsorship to offer workshops to more parishes on 'Facing Dementia Together' – encompassing the faith and sacramental needs of the person with dementia in our midst; and to continue our work with Schools. The Project will continue to promote the National Day of Prayer for Dementia on 19th March 2012 and the care of the dying along with the document, 'Instructions for my Funeral Mass.' As always, I would like to thank most sincerely my fellow Trustees, the Project Manager, the Volunteers and Admin Staff for their tireless work and commitment to the Project.

I would especially like to thank the Rev. Richard Hughes, the vice chair and minister of Manor Court Road Baptist Church Nuneaton who sadly had to retire this year, for all his work and dedication with the Project. Fr Philip Harrop, Dean of the Rugby Deanery, has taken over this responsibility and I am most grateful to him for his generosity.

Finally, a very big thank you to you all for your untiring generosity and support, enabling us to continue this important work.

**Fr Michael Gamble
Chair of Trustees**

Facing Dementia – Working Together

A . Parishes and Organisations we are working with:

The Pastoral Care Project works with many individuals and organisations both locally and nationally. Demand for resources and for training within parishes and religious order care homes has continued to grow. In the last twelve months alone the Project has worked directly with 717 people.

The need for pastoral care and especially Care of the Dying is of growing importance to the individual both for themselves and for their loved ones. Death is not an easy subject to discuss, however, there is a sense of inner peace when a person is able to talk through their faith and cultural choices, and that these are noted.

It has been a great privilege for the Pastoral Care Project to have worked alongside the following organisations; with that comes a responsibility to prepare appropriate material and present it with sensitivity and respect for each organisation's individual mission and aims.

1. Little Sisters of the Poor, Birmingham

Understanding of Spiritual and Pastoral Care in a Residential Setting- April 2010

A one day training course on pastoral and spiritual care was led by Frances Molloy, Project Manager and Helen Hawley, Project Trustee, at St Joseph's Care Home, Harborne, Birmingham.

Many initiatives emerged from the day. For example, using 'Instructions for my Funeral Mass' and a new initiative of Paying Respects when a resident dies. The day attended by staff and sisters concluded with a celebration and the presentation of certificates. The Care Home have since requested copies of the Pastoral Care Project's resource 'Instructions for my Funeral Mass' as well as the electronic version.

2. Shropshire District Council of Saint Vincent De Paul Society

Area Festival, Madeley – April 2011

The Project Manager was invited to talk on Spirituality and Dementia.

"We really had an amazing afternoon and the consensus was "it was one of the best Festival Meetings we've ever had"! It was just so uplifting, gentle, loving and given with such a wonderful spirituality. God bless you for that." Bernadette Walton , President of Shropshire District Council for the St Vincent de Paul Society

3. Coleshill Church of England Synod – Facing Dementia Together

St Peter & St Paul's Church, Coleshill, May 2010

The Manager Frances Molloy, and Trustee Dr June Todd, led the workshop on 'Facing Dementia Together'. Those who attended raised concerns regarding older people and their carers who may well be isolated. Meeting the spiritual needs of families as well as the individual was a concern – who would be willing to do it? Outreach to the bereaved was also recognised as important.

"It is a challenge but of the utmost importance of making the effort to engage with people with dementia, in a way that is helpful to them."

4. Support for Pastoral Care Project Volunteers

An evening of reflection was offered at St Anne's Parish Room, Nuneaton for volunteers. An additional training day was held in Coleshill. The Project is thankful to them all for their long-standing commitment, faithfulness and friendship.

5. St James' Ladies Fellowship

St James' Church Weddington, Nuneaton – May 2010

The Project Manager was invited to speak about the Project's charitable work and invited volunteer, Michael Cauchi, a former carer to join her. People were touched by what Michael said, especially when he said, *"People with dementia remember God, and God never forgets them."*

6. Memory Group

St Thomas More Church, Coventry– May 2010

The Project Manager, Frances Molloy, Trustee, Frances Ashley and Volunteer Helen Wilson, gave a presentation on the work of the Pastoral Care Project. The memory group offers friendship to people who are in the early stages of dementia to their carers and former carers.

7. Dinner in honour of His Holiness Pope Benedict XVI

Council House, Birmingham - Saturday 18th September 2010.

It was a great honour for the Project Manager and volunteer Loraine Taylor to have been invited to attend a Dinner in honour of His Holiness Pope Benedict XVI. It was a wonderful evening, and there was time beforehand to visit the Cardinal John Henry Newman display.

8. Rugby Area Parishes

Pastoral Awareness of Dementia and Spirituality - September 2010

Carers and representatives from various parish groups attended the day held at Sisters of Mary Mother of the Church Convent in Street Ashton. The day began and concluded with prayer in the chapel led by Fr Malcolm Glaze – who initiated the day.

Comments:

"The afternoon helped me to work with the anger/frustration and listen more – maybe envisage prayer as a way forward."

"The emphasis on the benefits that those with dementia give to us, reminds me of my good fortune when times seem hard in looking after my father, who has dementia."

9. Hospitaller Sisters of the Sacred Heart, Care Homes in London and Surrey

Understanding of Spiritual and Pastoral Care in Residential Setting - September 2010

The training courses were held at St Teresa's Care Home in Kensington, and St Augustine's Care Home in Surrey - courses were attended by staff and many of the Sisters.

In addition to Care of the Dying section of the course, there was enthusiasm for 'Sounds and Senses' - a course exploring the effect of music and ways it can be used with residents in meeting their spiritual needs.

Comment

"Of all the training days we have had.... this is by far the best day as it was truly pastoral in every way."

The Project Manager gratefully acknowledges the kind hospitality of the Sisters with regards to accommodation and prayer as well as the provision of IT and printing.

10. North Birmingham Methodist Circuit Training Day

Coleshill United Church - November 2010

The aim of the day on Pastoral and Spiritual Care for the lay members of the North Birmingham Circuit was to deepen their own spirituality and ministry to those they visit through using scripture, reflection and group interaction

Included in the day were two taster sessions on Care of the Dying and Sounds and Senses, placing special emphasis upon the various ways that music can be helpful in communication, prayer and worship. The day concluded with a service of worship and presentation of Certificates.

11. Society of Friends

Hartshill, Nuneaton - Jan 2011

The Project Manager was invited to speak at the Society of Friends Sunday meeting. The Project Manager invited Vivian Hodson leader of Manor Court Puppet Ministry, Nuneaton who often works with the Pastoral Care Project to share in the evening. The presentation focused on the importance of faith for the quality of life for the older person today and how that is growing due to the increase in the numbers of churches addressing pastoral visiting.

12. SINGING Café - Sounds and Senses Training

Nuneaton & Bedworth Borough Council Scheme Managers - January 2011.

The Pastoral Care Project received a grant from Nuneaton and Bedworth Borough Council and Warwickshire County Council Community Development Fund. This was to lead Sounds and Senses training for Scheme Managers within Nuneaton & Bedworth Borough Council Sheltered Housing Complexes.

The main objective was to introduce and emphasise the ways that music can affect the individual especially those with a form of dementia, and to explore practical ways of implementing the use of music in care settings.

From the workshops, it was raised that within care plans the music choices relating to the cultural and faith choices of individuals should be noted. The feedback from the twenty-eight Scheme Managers attending was positive and further interest was expressed in taking part in further music sessions.

Comment from the day:

"A very worthwhile course and enjoyable - would be very interested in going on more courses like this."

13. Anglican Diocese of Birmingham Annual Away Day

'Building Confidence and Pastoral Ministry in Demanding Situations - March 2011

Anglican Diocesan aims: *'The purpose of this approved and accredited diocesan scheme is to strengthen the life and witness of the Church in parishes and local communities so that the gifts of lay people are developed in the service of Christ.'*

The conference was attended by one hundred delegates with the choice of four workshops. The Pastoral Care Project led the workshop on 'Ministering to those with Dementia'. The participation and contribution from the twenty-eight people taking part in the Project's workshop confirmed the growing interest and willingness to offer more help to their church community in caring for people with dementia.

The group were pleased to share their own experiences and were very interested to hear more about music ministry with dementia sufferers. There were many questions raised regarding communication and music and how it may be used; for example coming to terms with loss and with healing painful memories.

The Pastoral Care Project has been invited to lead two further training days in November 2011.

14. Nuneaton Area Parishes

The Pastoral Care Project is part funded by the Nuneaton area parishes and supports the parishes to raise awareness and offer support to the wider community.

Our Lady of the Angels Pastoral Visiting Team

The Pastoral Care Project initially trained this group in 2008 to visit the bereaved, some of whom may be in care homes. The group works with the parish priest, Fr Philip Harrop, and it is supported by the Pastoral Care Project. The support they offer is sensitive and confidential and of great comfort to those who receive visits.

Annual Mass for the Sick, Nuneaton and Area Parishes - July 2010

The Pastoral Care Project and Our Lady's Parish Pastoral Visiting Group worked together to organise the Annual Mass of Healing for the sick and the housebound at Our Lady of the Angels Church.

There are many volunteers who work tirelessly to ensure that those who are housebound and the sick are supported. The varying unseen tasks range from telephone calls, visiting and liaising with parish groups to organising catering. There is also the liturgy, flower arranging, and organising the entertainment, usually involving the younger members of the community. The day always concludes with Benediction – this is special as Benediction was often a favourite devotion throughout people's lives.

The Mass was a truly wonderful, moving and happy occasion. The lunch afterwards offered a time for the housebound to meet up and enjoy each other's company. It was such a delight to see the gathering of the young and old coming together and being an inspiration to one another.

15. St Peter's Church of England Parish, Mancetter

The Pastoral Care Project was asked by Rev Tony Toby, vicar at St Peter's, Mancetter to further develop the raising awareness of dementia in his parish. St Peter's supported the Annual Day of Prayer for Dementia on 19th March by holding a Soup Lunch followed by making the church available for personal reflection.

Rev Tony Toby was also instrumental in organising the assembly at Outwoods Primary School, Mancetter in the lead up to the Day of Prayer for Dementia.

B. Older People in Care Settings:

The Pastoral Care Project continues to support Care Homes - a service that was set up in 1994, at a time when little support was provided by local churches. With the help of the Pastoral Care Project, the following homes are now receiving regular support from their local churches.

1. Richmond Village Care Home Coventry, Exhall - 65 residents

The Pastoral Care Project continues to lead monthly Services of the Word and Prayerful Music at Richmond Village. The support was initiated in 1994 as at that time there was no established faith support in the home. It is good to see that now three churches are involved, St Francis of Assisi RC Church Bedworth, St Giles Church of England Exhall and Salvation Army from Bedworth who offer regular ministry.

2. St Joseph's Care Home, Coleshill - 56 residents

The Pastoral Care Project has been at the forefront of pastoral care in Father Hudson's Care Homes for the Elderly since 1997- leading services; pastoral one to one visiting and care of the dying, including supporting families.

The newly formed Coleshill Churches Together made up of clergy and lay people from Sacred Heart and St Teresa RC Church, St Peter & St Paul C of E Church, Methodist Church and Free Church are involved in the chaplaincy.

3. Stan William Court, Nuneaton - 31 apartments and 6 bungalows

Each year this complex invites the Pastoral Care Project to lead the Service of Remembrance for their residents, family and friends. The Project is grateful to St John's Methodist Church Choir for their support.

It was a solemn moment as Bugler Aimee Howes from the Band of 121 (Nuneaton) Squadron Air Training Corps sounded the Last Post and Reveille, Ex-Service Association standards were dipped in salute and wreaths were laid in memory of fallen. The Scheme Managers go to great lengths to make it memorable for everyone by inviting veterans, local dignitaries and the local community.

The complex also hosted the Sounds and Senses training for Scheme Managers.

4. Cheverel Place, Nuneaton - 35 apartments

The Project first led the Armistice Day Service in Cheverel Place in 1994 and it continues to be much appreciated by residents from several complexes who are no longer able to take part in the Bedworth parade. The Service led by the Project volunteers and members from St John's Methodist Church Choir were joined by the Mayor, local Councillors and friends and families of the residents. Armistice Day is always a poignant time. It was made special with veteran Michael Cauchi leading the act of remembrance and Ben Ellis, Hinckley Ex-Service Association dipping the salute as Buglar Aimee Howes sounded the Last Post and Reveille. Wreaths were laid by residents, veterans and staff in memory of the fallen.

The complex also hosted the Sounds and Senses training for Scheme Managers.

C. Pastoral Care of the Dying

Since the Pastoral Care Project began in 1994, one of the main concerns of the families caring for a loved one with dementia was the immediate end of life care – will they die at home? What will happen?

In 1997, as the Project took on pastoral work in care homes other concerns were highlighted. One concern was the lack of choice in the care plan. Residents were worried and often distressed as they felt their religious and faith needs were not being recognised. As a result of this, the Project produced a form to help with care of the dying and the funeral choices of the individual. This initial form received good support from the care homes we worked with and so encouraged the further development of the document.

"We welcome this type of approach and its ethos in this often difficult subject. We would find this form very helpful. Regrettably the majority of care plan documentation in general use, covers this subject in one or two lines, which often needs collating with other parts of the care plan, which can lead to some aspects of the resident's wishes being missed or misunderstood .- Care Home Manager

1. Instructions for my Funeral Mass

At the same time there were many clergy who were also aware of the increased number of older people, who were faithful parishioners, who didn't receive a funeral mass. This led to the Pastoral Care Project and Fr Phillip Harrop, the parish priest of Our Lady of the Angels, designing a document for their parish in Nuneaton.

Due to its success, in 2008 Archbishop Vincent Nichols, when he was Archbishop of Birmingham, asked the Pastoral Care Project to produce it for the Diocese. It was well received at local and national level.

In 2011, the Pastoral Care Project updated Instructions for my Funeral Mass and with the blessing of Archbishop Bernard Longley it was reprinted. Copies of the document can be obtained from the Pastoral Care Project office. An electronic version is also available for Care Homes and organisations, for further information contact the Project office on 01675 434035.

Instructions for my Funeral Mass has been positively received by organisations, parishes and numerous individuals throughout the UK.

The following extract from a letter received from members of the Thompson family confirms its importance and value.

"We would like to thank you, Frances and Joanne, for your help and support following the sudden death of our beloved brother, Michael at the age of only 54. We are especially grateful for 'Instructions for My Funeral Mass.' It proved invaluable to us as a family, as we struggled to deal with all of the funeral arrangements – this was something our mum would have sorted out in years gone by, but now she has dementia. Not only did we have the responsibility of making sure everything was right for Michael, we had to consider our mum who was aware that somebody had died in the house but struggled to comprehend that it was her eldest son.

Our main concern was that we wanted Michael to be cremated in accordance with his wishes, but we also wanted to remain true to our Catholic faith and traditions as this would help our mother too.

Using the form and reading the letter within it from Archbishop Bernard gave us comfort and reassurance when we needed it most."

The Pastoral Care Project very much appreciates and thanks the Thompson family for their kind words. The family chose the Pastoral Care Project as their charity for funeral donations, and the Project is ever thankful to them for their generous donation of £180.00.

Would you consider choosing the Pastoral Care Project as your charity when completing 'Instructions for my Funeral Mass'? Your act of kindness would be a noteworthy way of helping others in their time of need.

D. Annual Day of Prayer for Dementia 19th March

The Day of Prayer for Dementia initiated by the Pastoral Care Project in 2009 continues to grow. The Project was delighted this year to have received direct support from the Bishops' Conference of England and Wales. The Project Manager, Frances Molloy and Trustee Frances Ashley attended a reception at St Georges Cathedral Southwark. Bishop Richard Moth, Lead Bishop of the Mental Health Project gave the address before inviting a representative from each project to speak about their work.

The Bishops' Conference have also asked the Pastoral Care Project to provide resources for the Mental Health Day October 2011.

The grant received from the Bishops Conference was given to the Project to design and produce a variety of resources for Schools. Parish Packs were updated and Care Home Packs were further developed as well as the online resources. The Prayer Card which was a new initiative this year was very well received. A total of twenty thousand cards were distributed. For example, Prayer Cards were requested by the Westminster Prayer Group, Sister Siobhan O'Keefe, in her ministry among younger people with dementia and many parishes in the UK as well as two care organisations in the USA.

There has been an increase in the number of visits to the website from many countries including United States, Spain, Philippines, Argentina and India.

In the lead up to the Day, BBC Coventry and Warwickshire Radio invited the Project Manager, Frances Molloy to speak on the Sunday Morning show on two occasions. Press releases were sent via the Catholic Church Media office which resulted in features on Zenith News and EWTN.

The support has been so encouraging including Caritas social action network, who promoted the Day on their home page and among their member organisations. The Columban Missionaries in the Philippines also promoted the Day on Mision and Fr Sean Coyle a former trustee of the Project promoted the Day on his blog and continues to support and inspire our work.

Residents of Cheverel Place, Nuneaton also joined in the Day of Prayer for Dementia by having a Yellow Day. They were able to choose from scrambled or poached eggs on toast or yellow cup cakes. Daffodils were also sold and proceeds were sent to the Pastoral Care Project, an amazing total of £74.10.

YouTube™

The Pastoral Care Project recorded the Prayer for Dementia and uploaded onto You Tube™. The Project acknowledges the time and expertise of John Hart for filming this. As a result of this there was much interest in the Day of Prayer and the Project received a poem from a pupil of St Robert's RC School, Bridgend, Wales. Read her story on page 22.

Since then there has been an increase in the number of people and organisations posting stories and prayers on YouTube including one from EWTN .

The Pastoral Care Project would welcome video clip contributions. We would also welcome sponsorship or donations to further develop these resources for 2012.

1. Raising Awareness within Schools

Our Lady's Primary School, Princethorpe, Warwickshire

The Pastoral Care Project was invited by the Head Teacher Mrs Margaret Patrick, to lead their Friday assembly. Project Volunteer and former carer, Michael Cauchi, shared how he had cared for his late wife and how much he now misses her. Volunteer, Doreen Harvey who began her caring role for her mother at the age of ten, used the story of Stone Soup – the children loved interacting with the characters, which Doreen had created. This was followed by Volunteer, Deacon Mike Skidmore, relating the story of Stone Soup to The Feeding of the Five Thousand - Gospel John Chapter 6, verses 1-12.

It was a wonderful experience and at the end to have been presented with a cheque for £141.10 and to hear that the school were adopting the Pastoral Care Project as one of its charities was great news.

The visit to this school reaffirmed to us the importance of sharing the Project's Mission with children, teachers, parents and Governors, who may have personal experience of a family member with dementia. Visiting this school, St Joseph's Junior School in Nuneaton and Coleshill Church of England Primary School in 2009/10, were all instrumental in helping the Project take this important step forward to create resources and to invite schools to join in the Project's National Day of Prayer for Dementia on 19th March.

Bishops' Conference of England and Wales, Mental Health Project –Day for Life

The grant awarded by the Bishops' Conference of England and Wales, Mental Health Project – Day for Life helped with the production of resources for 263 schools in the Birmingham Diocese.

The Pastoral Care Project is also grateful to the Birmingham Diocesan Schools Commission and the Religious Education Department for their input and support.

Schools Visited:

The Manager, Trustees and Project Volunteers visited the following schools in the lead up to the Day to give presentations and left Prayer Cards for all the pupils to take home.

Our Lady of the Angels RC Primary School, Nuneaton
Outwoods Local Authority Primary School, Atherstone

St Anne's RC Primary School, Nuneaton
St Edward's RC Primary School, Coleshill

St Francis of Assisi RC Primary School, Bedworth
St Thomas More RC Secondary School, Nuneaton

The Pastoral Care Project teams received a very warm welcome, the children were very interested and contributed to the assembly, and some of them spoke of their family member having dementia.

"It was lovely to visit the schools and to experience the attentiveness of the children. Their singing of 'I have loved you' was so beautiful." Frances Molloy, Pastoral Care Project Manager

Schools that used PowerPoint presentations:

St Chad's RC Primary School, Dudley
SS Gabriel & Raphael RC Primary School, Rhonda

St Robert's RC Primary School, Bridgend
Cardinal Newman RC Comprehensive, Pontypridd

Extract from Catholic People – Official Newspaper of the Archdiocese of Cardiff.

'After being invited by the Deanery to highlight this Charity with our pupils, the school decided to have a 'wear something yellow day' and bring in a donation for the Pastoral Care Project. Mrs Carmen Beveridge, Acting Head Teacher, led the pupils in a Dementia Awareness Assembly using resources provided by the Charity.'

"It was really interesting to learn that some sufferers of Dementia remember their prayers and hymns and still have their faith even if they're forgetful of other things in their daily lives." Sam a Year 5 pupil of St Robert's RC Primary School, Bridgend, Wales.

The Project acknowledges the interest and support from Elizabeth Hughes and Clair Gwilliam from the Bridgend Deanery in raising awareness in their area.

The Pastoral Care Project was delighted to receive such positive feedback from the schools that used the PowerPoint presentations themselves and followed up with class discussions. We are grateful for the donations pledged to date – 31st March 2011. It is anticipated, that it will be near the end of the summer term before all feedback and donations are received.

E. Resources

The Pastoral Care Project has developed a variety of resources - drawn from the experience of being with the frail elderly and their families; parishes and care organisations who have shared their experiences with us. We are indebted to them all, and have learned so much from them in their time of need, and consider them as faithful companions in our ongoing charitable work.

1. Instructions for my Funeral Mass ©

This document was originally piloted by the Pastoral Care Project in care homes and then produced with the help of Fr Philip Harrop for the parish of Our Lady of the Angels, Nuneaton. In 2008, Archbishop Vincent Nicholls asked the Project to produce it for the Birmingham Archdiocese. Due to demand, the document has been reproduced again, with the blessing of Archbishop Bernard Longley. An electronic version is also available making it a very practical resource for care homes. Contact the Pastoral Care Project office for further information and costs.

2. 'Spiritual Care in Confusion'© DVD Training/Awareness

The DVD produced by the Pastoral Care Project out of the Conference of the same name in October 2000, is still instrumental in raising awareness on a personal or professional level.

3. 'It's Still ME – Lord' DVD – a film exploring Spirituality and Dementia.

Presentations included contributions from the Pastoral Care Project Chair, a Volunteer and the Project Manager. The DVD is available from Caritas Social Action Network www.csan.org.uk

4. Quiet Days for Carers Booklets©

The Quiet Day booklets at £5.00 are a valuable resource for any group wanting to set up Quiet Days.

5. 'Thoughts from the Heart' © Poetry Booklets

The booklet of poems, written by Carers is available from the Pastoral Care Project office for £3.00.

Courses offered for Parishes, Care Organisations and Volunteers:

Pastoral Care of the Dying/End of Life Care
Understanding of Spiritual and Pastoral Care in residential settings

Continuing the Church outside the Church Building – reaching out into the community
Facing Dementia Together – supporting the person with dementia within the church family

Leading Services with the Frail Elderly in Care Settings
Sounds and Senses – using music in a pastoral capacity including end of life care

VOICE Cafe - overcoming personal fears when speaking
SINGING Café – enabling volunteers to use music effectively

Additional resources for individuals:

- Visiting the frail elderly person with dementia
- Dementia Information leaflet for parishes
- A variety of Prayers and Reflections including National Day of Prayer for Dementia resources
- In Memory of...
- Pray for....

'Prayers are a garland of the most sweet scented flowers which accompany your loved one on their journey to live with the Lord in all eternity' - Teresa W.

The 'In Memory of' page is a sacred place to remember a loved one. It means that families wherever they live, can share a few moments together by visiting the website www.dayofprayerfordementia.org.uk/Inmemoryof . The 'Pray for' page operates in a similar way for anyone needing prayer. Both pages are managed by the Pastoral Care Project who ensures that everything that is uploaded is set out in a dignified manner.

Library - You are most welcome to browse or borrow our books, please contact the Pastoral Care Project on 01675 434035 or email pastoralcareproject@gmail.com .

F. Donations and Online Giving

The ethos of the Pastoral Care Project means that we do not make use of photographs of vulnerable individuals in order to raise funds. Therefore it is difficult to ask for donations from people to help those they do not know and have never seen.

The Project is ever grateful to God and his provision, to our main funders and for the increase in the number of churches giving annually. We really value every donation received from a variety of organisations and also respect the anonymity of individual donors. Every donation received, regardless of the amount makes a real difference and can be a source of encouragement to all those involved in the charitable work.

Main Funders

- Roman Catholic Archdiocese of Birmingham
- Father Hudson's Society
- Our Lady of the Angels, St Anne's, Nuneaton, St Joseph's, Arley
Our Lady of the Sacred Heart, Bulkington. St Francis of Assisi, Bedworth
- Sacred Heart and St Teresa, Coleshill

One off Grants

- Bishops' Conference of England and Wales, Mental Health Project (Day for Life)
- Nuneaton and Bedworth Borough Council & Warwickshire County Council Community Development Fund

Donations from Churches, Organisations, Religious Orders and Schools

- St John Fisher Parish, Coventry
- St Nicolas Parish Church, Nuneaton
- St James' Church, Nuneaton
- Manor Court Baptist Church, Nuneaton
- Our Lady of the Wayside, Shirley, Solihull
- St James, Bulkington – Coffee Morning
- Cheverel Place Sheltered Housing, Nuneaton – Wear Yellow Day
- St Mary's Abbey, Colwich
- Daniel Ross Funeral Directors, Birmingham
- Our Lady's Primary School, Princethorpe, Warwickshire
- Co-operative Heart of England Community Foundation, Nuneaton
- Ladies' Fellowship Manor Court Baptist Church Nuneaton.

Pastoral Fees, Training and Conferences

- Christ Church C/E Church, Coventry
- Little Sisters of the Poor, Birmingham
- Hospitallers of the Sacred Heart of Jesus, London
- Hospitallers of the Sacred Heart of Jesus, Surrey
- Richmond Village – Barchester Care, Coventry
- St Joseph's Care Home, Coleshill
- Stan William Court Sheltered Housing, Nuneaton
- St Vincent de Paul, Telford
- Cheverel Place Sheltered Housing, Nuneaton
- Rugby Deanery Awareness Day
- North Birmingham Methodist Church Circuit
- Anglican Diocese of Birmingham

Gifts received from Legacy and Funeral Donations

- Thomas Tree
- Thompson family

Donations of time by volunteers

Without the time given by the volunteers and many individuals on an ad hoc basis the Project would not have been in a position to have achieved so much. The volunteer's hours totalled 452 which equate to £3390.00.

The Giving Machine and Easy Fund Raising

The Giving Machine and Easy Fund Raising are both cash back sites which are a simple way for people who shop online and to donate to the Pastoral Care Project at no cost to themselves. Many retail outlets are givers; Amazon, Next, M&S, iTunes, Comet and John Lewis and many more

There are three easy steps. 1. Register. 2. Select the Pastoral Care Project as the chosen charity. 3. Select Shop from the list of retailers. They donate a percentage to the Project. The retailer never divulges your details or purchases. It only takes two minutes to register and could mean £££'s for the Pastoral Care Project.

G. FINANCE AND FUNDING

Treasurer's Report

The Pastoral Care Project Board of Trustees voted that I should continue as treasurer for a further term. I am delighted to offer my service in this way for the continuity of the Project's finances.

We are very grateful for the financial support provided from many sources, which enables the Project to develop the resources, which churches and organisations rely on as they respond to the needs of those in their area who are in need of support.

We are indebted to the support from the Roman Catholic Diocese of Birmingham, Father Hudson's Society and the parishes of Our Lady of the Angels, St Anne's, Nuneaton, St Joseph's Arley, St Francis of Assisi Bedworth and Our Lady of the Sacred Heart Bulkington, for their generous financial support to this Project since 2002.

We welcome the parish of the Sacred Heart and St Teresa in Coleshill as an annual regular giver. We are grateful to them and for the continued support from St James and St Nicolas Churches in Nuneaton and a few religious orders who give from time to time. We would welcome more churches and organisations to consider regular giving.

The grant received from the Bishops' Conference of England and Wales was very much appreciated as it helped us to develop resources for schools for the National Day of Prayer for Dementia.

These grants make up a high percentage of our annual funding – the Project has to source the remainder. In addition to the income provided by our main funders, we cannot forget the importance of the income provided through personal donations, gifts at the AGM, the Day of Prayer for Dementia schools initiative and the income earned from training.

Close scrutiny of the accounts is a regular feature of the Trustee Meetings and will continue to be for some time during the uncertain economic climate we all find ourselves in at the moment. Whilst there may be a healthy balance of £19,323,69 carried forward, without the generation of increased funding, the viability of the Project to fund its activities is likely to be very uncertain for 2012 and beyond. In addition to the annual grants the Project needs to find an additional £24,000.

To enquire about becoming a partner in or donating to the charitable work please contact myself, any of the Trustees or the Project Manager. With the continued support of your prayers and contributions, we believe the Project will grow and continue to help the most vulnerable members of our community.

The Project relies heavily on the free provision of services, skills, time and the compassion of the unpaid volunteers and is grateful for their dedication, support and care. This year the total number of hours contributed was 452 - at £7.50 per hour which equates to £3,390.00. This is very much appreciated.

The Project is always pleased to welcome people with various skills to help with the conferences and school initiative, administration, or with media expertise or on the Board of Trustees.

Our Lord continues to show his love and support for those in need and with his grace and your continued support, prayers and contributions the Pastoral Care Project will continue to grow and help the most vulnerable people in our community.

Kevin Goodyear
Treasurer

*"Raising awareness of the spiritual needs of the frail elderly –
enabling carers to support them in their journey to the fullness of life"*

*"Raising awareness of the spiritual needs of the fail elderly –
enabling carers to support them in their journey to the fullness of life"*

PASTORAL CARE PROJECT

Accounts

31 March 2011

Beasley & Co.
Chartered Accountants
2nd Floor
25 Market Place
Nuneaton
Warwickshire
CV11 4EG

PASTORAL CARE PROJECT

Independent Examiners Report to the Trustees of the Pastoral Care Project Trust

I report on the receipts and payments account of the Trust for the year ended 31 March 2010, which is set on page 2.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts; you may consider that the audit requirement of section 43(2) of the Charities Act 1993 (the Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43 (7)(b) of the Act, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

in connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect of the requirements to keep accounting records in accordance with section 41 of the Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act. have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Beasley & Co.
Chartered Accountants**

Pastoral Care Project Receipts and Payments Account for the year ended 31st March 2011

£		£
3,980.95	Balance at Bank, 1 April 2010	23,936.17
	Receipts	
65,611.98	Grants, Donations and Pastoral Fees	36,864.96
62.00	Sales of pens, books, DVDs etc	185.94
2,980.61	Producing Resources for Parishes	-
133.41		31.34
68,788.00		37,082.24
	Payments	
3,552.88	Equipment, Resources and Video costs	916.68
36,080.08	Wages - Pastoral Co-ordinator and Support	34,157.91
2,200.00	Office Rent and Services	2,200.00
818.34	Telephone	834.30
1,431.06	Postages and Stationery	1,172.43
667.50	Insurance	667.50
290.84	Internet and Online Fundraising	76.68
350.00	Website design	-
136.08	Subscriptions and licences	99.00
1,196.86	Travelling Expenses	808.01
447.08	Conference Costs	27.19
1,157.88	Promotion Expenses	170.00
34.98	Volunteer/Carers Events and Training	57.42
469.20	Accountancy	507.60
48,832.78		41,694.72
23,936.17	Balance at 31st March 2011	19,323.69

*"Raising awareness of the spiritual needs of the fail elderly –
enabling carers to support them in their journey to the fullness of life"*

Pastoral Care Project

Charity No 1094766

Charity Information

31st March 2011

Charity Trustees

Rev Michael Gamble
Rev Phillip Harrop
Mr Kevin Goodyear
Mr Nicholas Roy
Miss Ingrid Klabisz
Mrs Frances Ashley
Dr June Todd
Mrs Helen Hawley
Rev Kevin Kavanagh

Reporting Accountants

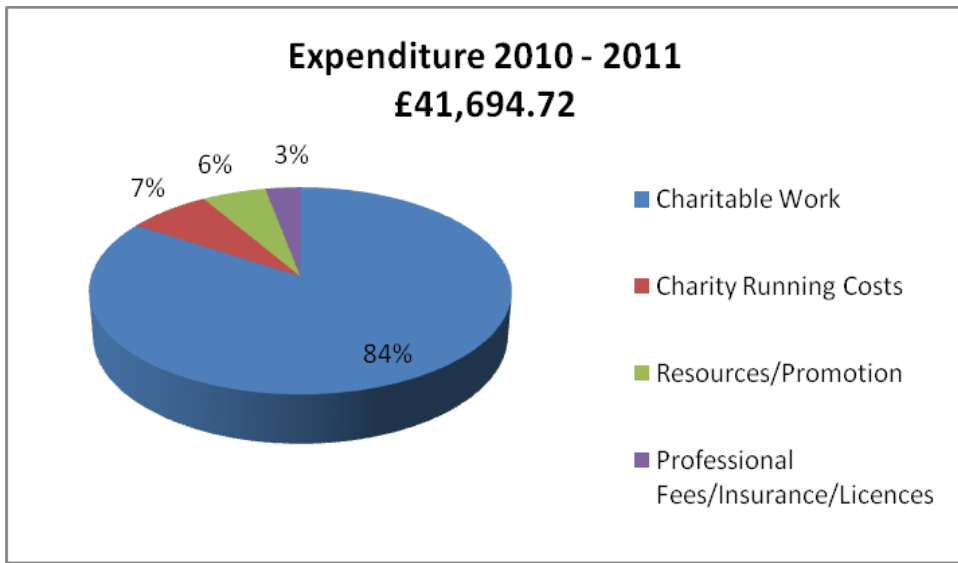
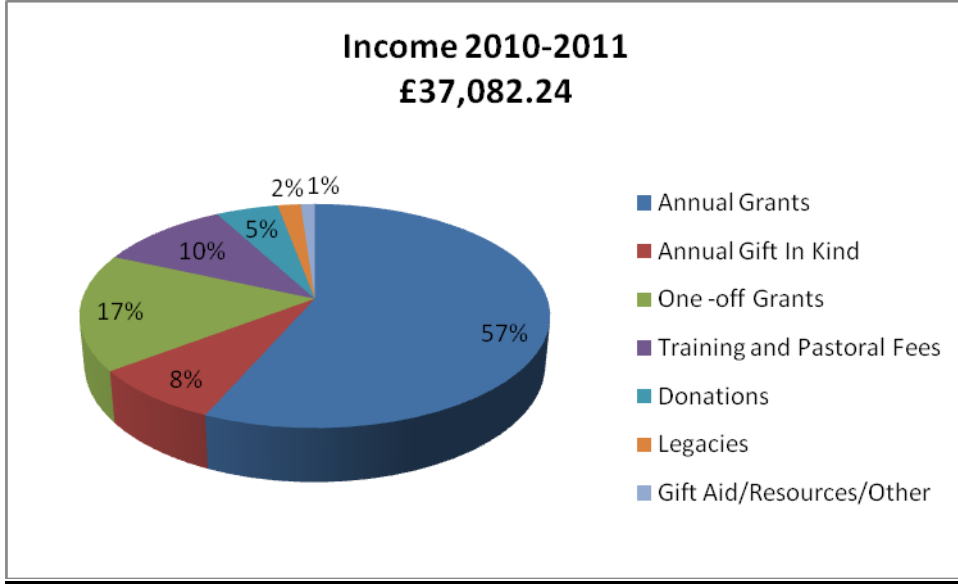
Beasley & Co
Chartered accountants
2nd Floor
25 Market Place
Nuneaton
CV11 4EG

Bank

Co-operative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Registered Charity Number

1094766



*"Raising awareness of the spiritual needs of the frail elderly –
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H. THEOLOGICAL REFLECTION

'we will never forget you'

As I reflect on the last twelve months, I am overwhelmed by the number of people who have contributed to the work of the Pastoral Care Project - each in their own special way. As St Paul wrote in his First letter to the Thessalonians (5:11): "Encourage one another and build one another; just as you are now doing." This was amazingly evident as the National Day of Prayer in March 19th drew near.

We were sent a poem from Branwen Draper about her late grandparents who both had dementia. Branwen wanted to remember them in the website's dayofprayerfordementia **'In Memory of'** page. Her words express beautifully her treasured memories of them.

With the permission of Branwen and her parents we uploaded the poem to You Tube™. The sound of her voice as she speaks each word is deeply moving. To fully appreciate the poem please visit the You Tube site and insert Pastoral Care Project, there you will see two films, 'My Grandparents' and the Prayer for Dementia.

MY GRANDPARENTS

Mamu Gwill I miss you lots and
I remember your beautiful locks.
What fun days we had together,
they will be cherished forever and ever.
We all knew you liked your chocolates
and always liked the sweetie stall,
but then one day we gathered together when
we found out you had gone forever and ever.

Granddad I remember you, big glasses and
fancy shoes, you always liked a strong cup of
tea but so do mum, dad and me.
The question is "do you remember me?"
Then we were told you
had gracefully passed away,
but, we still remember you to this very day.

Branwen Draper, aged 11

The 'In Memory of' and 'Pray for' pages have become a very valuable resource for people as they remember and pray for their loved ones.

With regard to the 'Pray for' page I would encourage you to visit the website page and to pray for those mentioned.

For further information about sending in your own stories, poems or original prayers or video clips please contact me at the office on 01675 434035 or email pastoralcareproject@gmail.com.

Frances Molloy
Project Manager

I. FUTURE PLANS – 2011- 2013

Awareness

Annual Day of Prayer for Dementia 19th March
Develop links with schools

Conference workshops

Anglican Diocese of Birmingham Autumn 2 Day Conference
Bishops Conference of England and Wales Conference- Mental Health Project

Retreat – Days of Prayer

Wales - Bridgend Deanery 'Pastoral Companions'
Day of Reflection Carers

Networking

Warwickshire & Nuneaton and Bedworth Meeting -End of Life Care Working Group
Continue developing links with churches and organisations

Resources

Dementia information for Parishes
Instructions for my Funeral Mass/Care of the Dying

IT

Updating website and resources
Editing photographs setting up website gallery
Updating - Librarian required for a few hours each month.

Volunteers

Developing skills in assisting with training
Recruit new volunteers to become a fund raising team.

Funding

Seeking partners to further the work
Grants to retain staff to expand charitable work
Increase Local Giving
Sponsored walks
Social events
Day of Prayer for Dementia –shared lunch
Singing Event/Dancing Event

Developing the Website and PowerPoint Resources



GIFT AID

The Project is grateful to individuals who send us donations. If you are a tax payer and sending a donation you may wish to complete the Gift Aid form so that the Project can reclaim tax from the Chancellor of the Exchequer. Thank you for considering our work.

Pastoral Care Project – Registered Charity No 1094766 Gift Aid Declaration

Title _____ Name _____

Address _____

Postcode _____ Telephone _____

e-mail _____

I want the Pastoral Care Project to treat donations I have made and all donations I make from the date of this declaration, until I notify you otherwise, as Gift Aid donations*. I understand I can cancel this declaration at any time by notifying the Pastoral Care Project. *You must pay an amount of UK income tax and/or capital tax gains at least equal to the tax that the Pastoral Care Project reclaims on your donations in the current tax year .

Signed _____ Date _____

Post to:

The Project Manager
Pastoral Care Project
St Gerard's,
Coventry Road,
Coleshill B46 3ED



Scan to smart phone

Pastoral Care Project
St Gerard's,
Coventry Road,
Coleshill B 3ED

Tel 01675 434035
www.pastoralcareproject.org.uk